

+ BRIGHTON | SHORNCLIFFE | BRACKEN RIDGE | DEAGON | BOONDALL

Sandgate

GUIDE

FREE OCTOBER 2023 | EST. 2012

**SANDGATE
HAWKS**
CELEBRATE
A SUCCESSFUL
2023 SEASON

**SANDGATE
YOUTH
FESTIVAL**
HITS THE STAGE
THIS MONTH

**GREENING
THE SUBURBS**
ONE LOCAL'S MISSION TO HELP
LOCALS FIND THEIR GREEN THUMB

**TRADES
SERVICES
& DINING
GUIDE**
SECTIONS
INSIDE

COVER PHOTO BRUCE REDMAN



A photograph of the interior of Bluenose Betty, a bar and kitchen. The background features a well-stocked bar with numerous bottles of spirits and beer on shelves. A large, ornate brass beer tap is mounted on the bar counter. Above the bar, a large, glowing yellow lantern hangs from the ceiling. The bar counter is made of dark wood, and the wall behind it is covered in a dark, patterned fabric. In the foreground, three dark-colored bar stools are visible.

Bluenose Betty

BAR • KITCHEN • BEER GARDEN

lunch & dinner til late (7 days) - craft beer - wine - cocktails - functions

73 Rainbow Street, Sandgate

howdy@bluenosebetty.com.au | www.bluenosebetty.com.au | 3269 3258 |  



**Northside Family
Law Centre**



**All your family needs,
in one place.**

Northside Family Law Centre is your local family law firm. We offer city experience, with local convenience. Providing expert advice in the areas of Family Law, Wills and Estates and Conveyancing.

- Family Law
- Children's matters
- Conveyancing
- Wills and Estates
- Power of Attorney
- Domestic Violence

**“Ask us about preparing
for your family's future”**

Sandgate | 07 3733 1234
89 Brighton Road, Sandgate Qld 4017

Chermside | 07 3062 7000
1 Kingsmill Street, Chermside Qld 4032

www.northsidefamilylaw.com.au

OCTOBER
2023



Scan to hear our latest podcast!

Contents

- 10 **GREENING THE SUBURBS**
Sandgate teacher Samantha Spinks is on a mission to help locals find their green thumb with her new business, Companion Planting.
- 18 **SANDGATE HAWKS CELEBRATE A SUCCESSFUL 2023**
The Sandgate Hawks have had a remarkable 80th year at the Club.
- 30 **SANDGATE GIRL GUIDES CELEBRATE 100 YEARS**
Sandgate Girl Guides unit is celebrating a remarkable milestone this month.
- 66 **DINING GUIDE**
- 69 **WHAT'S ON** OCTOBER
Gigs & Events
- 78 **TRADES AND SERVICES**

ADVERTISING ENQUIRIES

Call Kristy or Louise 07 3518 0828

Advertising: sales@sandgateguide.com.au

Story Ideas: editor@sandgateguide.com.au

The Sandgate Guide is intended for informational purposes. The Publisher and other affiliated parties do not endorse and are not responsible for any third-party contributor information, nor do we endorse the content of any advertisement. Our editors take reasonable care in the development of this publication. However, we do not assume any responsibility for any errors or omissions this Guide may contain.



HEADACHES • NECK PAIN • BACK PAIN SCIATICA • WHOLE BODY ADJUSTING

1 on 1 chiropractic care



Pain Relief: Our aim is to relieve your pain and inflammation as soon as naturally possible.

Tissue Repair: Using techniques that speed up the natural healing process for sprained & strained tissues.

Restore Movement: Correcting the underlying biomechanical issues that lead to tissue damage.

RELIEF – REPAIR – RESTORE & MORE!

Coast to Country Chiropractic is back, bigger & better than ever!

- Open 5 days a week
- Multiple practitioners
- Chiro, soft tissue, needling, taping, natural supplements and more!



People, pets and performance sports



Dr Matt and Dr Shari

Suite 3, The Laurels Arcade
113 Brighton Rd, Sandgate

Ph 3269 5474

Find us on



www.c2c.com.au



DISCOUNT VOUCHER
SAVE \$50*

Present this docket to receive
your initial appointment
for just \$80
*One Docket per Person
OCT23SAN



MUSIC BY THE SEA

Four Play

STORY **DONNA PHILLIPS**

OCTOBER:

Two guitars. Two voices. Quiet, intimate, raw and powerful ... is how a brief describes The Yearlings, Robyn Chalklen and Chris Parkinson. They're way showers, traveling their own road. And while there's still a bit of folk and country in the mix, the duo has developed a strain of acoustic music that distills Americana through the filter of distinctly Australian life. They'll play your heartstrings on October 7.

NOVEMBER:

As you can imagine, the name FourPlay has interesting connotations for this indie rock band aka string quartet. And yes, they have a sense of humour about it. So, it's best we get the tongue-in-cheek dialogue out of the way, and get down to business. Oh, and they play on November 4, by the way.

Q: FourPlay, how do you explain your play-on-words?

A: FP, Well, our second album was called "The Joy Of ..." and for our new compilation we decided to call it "A taste Of ...". Some people got the joke!

Q: And what words would you add to excite and invite our audience to your "A Taste Of ... East Coast Tour"?

A: FP, "Salivate - piquant - concordant - euphoric!"

Q: Tell us about your album and tour?

A: FP, We're really celebrating two albums on tour at the moment. In April we released *Signs of Life* on CD and vinyl, our collaboration with the blockbuster author, TV showrunner and more, Neil Gaiman. It contains songs, poems, stories with music and things that sit somewhere in between, covering a lot of genres along the way (and a couple of instrumentals to boot).

Q: Quartet members Lara Goodridge, Shenton Gregory aka Shenzo Gregorio, Tim Hollo and Peter Hollo have conjured the term 'eclectic'. How so?

A: FP, I guess a band that started off as classical musicians, with classical instruments, covering rock, heavy metal and hip-hop, we've always embodied "eclectic" ... with Shenzo joining, we brought in a lot more jazz, roots and improvisation ... we've developed ways to make our instruments do a lot of unexpected things!

They're a great show. Book early if you're coming along.

The Yearlings
October 7, 7.30pm
Sandgate Town Hall

FourPlay
November 4, 7.30pm
Sandgate Town Hall

Bookings: www.musicbythesea.com.au



GET A 5-STAR,
PROFESSIONAL
REAL ESTATE
SERVICE
EXPERIENCE

Matching families to homes
around 4017.

CORONIS BRACKEN RIDGE

07 3105 5788
coronis.com.au

Coronis



Festival fun: Last year's winners, Sandgate band Swag Cats; and a photo of the crowd enjoying the 2022 Youth Festival.

FESTIVAL READY TO ROCK

STORY **BROOKE JACOBSON**

Young musicians of Sandgate are ready to hit the stage as part of the annual Youth Festival.

For 2022 winners, Swag Cats, it's been a rollercoaster ride. Band members Ned and Mitch spoke to the Sandgate Guide about their year as Youth Festival champions.

"It was an awesome experience, it was such a great local crowd," Ned said.

"We had only had one other gig that was not at school, so it was great to be able to play to a wider audience."

Normally the winner of the previous year comes back to headline the Youth Festival, but for Swag Cats, they're too busy performing gigs in venues across Brisbane.

However, the band, consisting of six local friends, is returning as part of the judging panel.

"We're looking for something that will stand out, something with real music credibility," Mitch said.

Ned added the Swag Cats encouraged all young performers to "just keep going".

"We auditioned one year for the festival and didn't get in; but then the next year, we won it," he said. "So don't be discouraged."

Festival organiser, Deagon Ward Councillor Jared Cassidy, said there had been a great

deal of interest in this year's event.

"There's a mix between groups and soloists and most of the performers are in high school or have just finished school," he said.

"Our aim is to give young people the opportunity to be on stage and understand what it's like to perform outside of a school environment.

"The event is also a boost to the night-time economy for Sandgate, and we hope to see the supporters and families of the performers making a night of it at our local venues."

Cr Cassidy said it was satisfying to see local bands go on to greater success.

"We always hope that in 10 years' time, we can see a band or a performer out there on the world stage, and be able to say, they started at our humble local music festival here in Sandgate," he said.

For the members of Swag Cats, they're busy juggling university life, jobs, and regular gigs, and said the festival was a great launching pad for talent.

"We want to keep writing more songs, and we're hoping to get an EP recorded this year as well," Ned said.

For more information, search Facebook for: Sandgate Youth Festival.

To keep up with Swag Cats on their journey to fame, find them on Instagram: @swagcatsofficial

Sandgate Youth Festival
Saturday, 28 October, 4-8.30pm
Einbunpin Lagoon
Brighton Road, Sandgate

Life is worth hearing



Your dedicated ihear Sandgate team!

Providing essential hearing services for locals

- Complimentary hearing check*
- In-clinic demonstrations of the latest hearing aids
- **including EVOLV AI!**
- **Fully subsidised** hearing devices and services for eligible**
Pensioners and Veterans (on behalf of the Hearing Services Program)
- Onsite hearing aid repairs and batteries
- Noise Protection
- Friendly Professional Service

CALL **3269 0005** FOR YOUR **FREE**
HEARING CHECK!*

ihear
Life is worth hearing

**Shop 3, 12 Lagoon Street,
SANDGATE**

* for over 50 years of age ** As per the Government Hearing Services Program guidelines

GREENING THE SUBURBS

STORY **BROOKE JACOBSON**

PHOTO **BRUCE REDMAN**

Sandgate teacher Samantha Spinks is on a mission to help locals find their green thumb with her new business, Companion Planting.

After leaving the classroom behind during the COVID-19 pandemic, Samantha said she was looking to combine her love of teaching and gardening.

"I was helping Mum in her garden at the time, and I thought, 'what do I love, what do I want to do' and Companion Planting was born," Samantha said.

"My vision was to be able to help anyone who needed support in their garden – so now, I have one client who is a veteran; and I have a mother and daughter who have never had a garden before and didn't know where to start.

"My goal is to support and encourage people, and to empower them to continue with their gardening."

Samantha said she had always found solace in her garden, particularly during stressful times.

"I would say gardening is therapeutic," she said.

"And when people are out there in their gardens, they're joyous about it. You start with one plant, which leads to one flower, which leads to a bee – one thing leads to another.

"During COVID, a lot of people got back into their gardens and found that it brought them joy."

As part of her official business launch, Samantha is hosting an open garden event at her home.

There will be a native stingless beehive splitting demonstration, as well as plants for sale, and a create-your-own succulent garden station.

Samantha's garden features raised vegetable gardens, fruit trees, free-range chickens, native and ornamental plants, a worm farm, and much more.

"People can ask me for advice, or chat with me about their garden, or just take home some ideas," she said.

"You don't need a big yard; people can have potted gardens on their balcony.

"My advice would be to start with one plant. Find one that you like, find out what it needs to grow and love it.

"Then you'll be inspired to get the next one. Start small."

Entry to the open day is free; the create-your-own succulent gardens cost \$15. Families with children are welcome.

For more information email: samantha@companionplanting.com.au

Companion Planting Open Garden
Sunday, 15 October, 8am-3pm
210 Brighton Road, Sandgate.



The New Groove Jazz Ensemble

Come and listen to some:-

**Big band, Swing, Latin,
Blues, Funk, and Rock.**



Date: Sunday 8th October 2023

Time: 2pm-4pm.

Doors open from 1.30pm.

Venue: Sandgate Town Hall,
Cliff & Seymour St, Sandgate 4017

Tickets: \$15 Adults, \$12 Concessions,
Under 16 Free.

Buy tickets online

www.newgroove.com.au

Tim Mead
Accounting Services



ACCOUNTING, AUDITING & TAXATION SERVICES

*Do you need assistance with accounting,
auditing or taxation?*

Your local Sandgate Accountants can help!

We offer the following services:

- Individual Tax Returns
- Company Tax Returns
- Business Activity Statements
- Financial Audits
- Sole Trader
- Partnerships
- Non-for Profits
- Capital Gains
- Shares
- SMFS
- Bookkeeping
- Trusts

Can't make it to the office?

*We offer phone consultations and can work
with you via email to complete your return
without you leaving your home.*

After hours appointments can be arranged.

Call us on **(07) 32693261**

or email **elizabeth@chequersfinancial.com.au**

137 Rainbow Street, SANDGATE 4017



Chequers Financial Services

Working for the Northside



Anika.Wells.MP@aph.gov.au



1176 Sandgate Road, Nundah QLD 4012



(07) 3266 8244

Anika Wells

MEMBER FOR LILLEY

Authorised by Anika Wells, ALP, Nundah QLD 4012



SENIORS SERENADED WITH HIGH TEA AND CONCERT EVENT

Gabrielle Jack and Roger Davy

STORY **ALYSSA MACKAY**

Seniors Month is set to be a memorable affair with the upcoming High Socie Tea Songs and Soiree at Sandgate Town Hall.

Presented by Vavachi Entertainment in collaboration with SANDBAG Inc, the event promises an elegant high tea experience and dazzling musical program featuring original Tenor Roger Davy, Celtic Woman soprano Gabrielle Jack, and rising soprano star Luisa Tarnawski.

Gabrielle said the audience could expect to hear their favourite tenor and soprano arias and duets, as well as popular pieces from musicals, Broadway and crossover repertoire.

"Luisa and I are both sopranos so you can expect some soaring high notes and vocal gymnastics from us," Gabrielle said. "Roger has a really powerful tenor voice and sings with great passion.

"Roger and I have performed together for many years and we always have fun together. Earlier this year Roger and I (and another soprano) performed in a fundraising gala in Papua New Guinea.

"This will be the first time I have worked with Luisa. It's always thrilling to see what sort of magic two voices can create together. I think I'm most looking forward to singing some divine opera duets with her."

Luisa is the founder of the UQ Opera Society and has performed with local groups such as the

Seven Sopranos and Brisbane Baroque.

Roger, also the Managing Director of Vavachi Entertainment, said the concert was first held on the Gold Coast a few years ago and received an overwhelming response from a predominantly female audience of over 200 people.

"So, moving forward to this year, post-COVID and getting people together and celebrating the joy of music, we decided it was time to run it again," Roger said.

The program will feature classical film music from productions such as Romeo and Juliet, The Merry Widow and Breakfast at Tiffany's, operas like La Traviata and Don Giovanni, and musicals like Carousel, West Side Story and Phantom of the Opera.

To complement the elegance of the occasion, the high tea menu will consist of delicacies baked by SANDBAG Inc volunteers and served by SQW (Skilling Queenslanders for Work) trainees.

The event will be styled by EMM Power Shop of Opportunity in Clontarf.

Tickets start at \$35pp. To book phone 0414 725 097 or visit www.trybooking.com/CIXJX

High Socie Tea Songs & Soiree
Monday, 23 October, 12pm-1:30pm
Sandgate Town Hall
Cliff and Seymour Streets, Sandgate.



Rest and recharge with Regis respite

REAL *people*
REAL *moments*

At Regis, we know what it takes to care for someone you love, and what a difference a bit of support can make.

Respite at Regis gives you the opportunity to take a break with the comfort of knowing your loved one is receiving the care and companionship they deserve.

When your loved one stays at Regis, they'll experience the benefits of living in a caring community. Our Homes provide around-the-clock care, nutritious meals cooked on-site, and engaging daily activities tailored to residents' interests and hobbies.

To find out more about our community in Sandgate, call us on **1300 998 100** or visit **regis.com.au**

Regis Sandgate – Griffith
Regis Sandgate – Lucinda
Regis Sandgate – Musgrave
60 Wakefield Street, Sandgate
QLD 4017



**SCAN TO
DISCOVER
REGIS**

regis.com.au | 1300 998 100

 **regis** | aged care



Organic Gardening in October

STORY **SALLY EBERHARDT**
PHOTO **BRUNO OF PIXABAY**

This October is predicted to be quite dry so it is a good time to nurture the plants you have rather than plant more.


Prune the dead flowers off any spring-blooming shrubs e.g. snowflakes and poinsettias, and vines such as jasmine. Even natives such as grevilleas, melaleucas and callistemons benefit from trimming dead flowers so that energy and nutrients go to producing more blossoms rather than seed pods. Cut back tropical plants like cordylines and crotons if they are a bit straggly – they will then produce beautiful fresh growth for a lush summer look.

New plant growth stimulated by warm weather will be looking for nutrients. Apply organic fertiliser, compost, and mulch to both nurture and protect both plants and soil.

Consider sourcing your fertiliser and mulch from nature e.g. seaweed from the local beaches, animal manure from farms or stables. These are full of nutrients and organic matter to feed plants, promote beneficial soil microorganisms and improve soil structure so it better retains moisture.

Rather than plant vegetable seedlings in the heat, keep up the harvesting of any vegetables like peas, beans and broccoli to keep them producing.

Most of all, make time to enjoy your beautiful garden.

Studio Features:
Mixed Media, Pastel
Framed Work, Acrylic
Wash Ink and Watercolour.
Patchwork Australian
Quilts and Pyrography.

JAN CUNNINGHAM
OWNER AND ARTISTS



Open Saturday
and Sunday 10am to 2pm
e: eykandi@gmail.com
m: 0408 744 219



CUSTOM MADE JEWELLERY
JEWELLERY REPAIRS, REMODELING & RESTORATIONS

KARLEN DESIGNS JEWELLERY STUDIO

SHOP 2, SANDGATE ARCADE
16 BRIGHTON ROAD, SANDGATE 4017

Opening Hours:
TUESDAY - FRIDAY 10 am to 4 pm
SATURDAY 10 am to 2 pm
SUNDAY & MONDAY Closed
Tel: 0457 389 650



MELBOURNE CUP

Luncheon

7TH NOVEMBER

11AM – 2PM | \$49PP

2 COURSE MEAL INCLUDING MAIN & DESSERT

COMPLIMENTARY BUBBLES ON ARRIVAL

LIVE MUSIC, SWEEPS, RAFFLES
& PRIZES FOR BEST DRESSED

BOOKINGS ESSENTIAL

**BRIGHTON
HOTEL**

NEW

Reformer Studio!

*First Lifestyle Class Free**

Phone today for your appointment

Sandgate Physical Health Clinic - 3869 1099

119 Brighton Road, Sandgate • www.sphc.net.au

Physiotherapy • Massage • Acupuncture • Pilates



Sandgate's only
preferred providers

medibank

Bupa



SANDGATE DISTRICT HIGH BUILDING ARTS FUTURES

Kirsten Tuckett (Business Manager) Andy Stergou (Principal) Mikaela Bernadi (Exec Assistant) at the building site

STORY **BRUCE REDMAN**
PHOTO **BRUCE REDMAN**

Creative arts in our community is about to experience a stunning addition.

Sandgate District State High School creative arts students will have a new state-of-the-art, exclusive space from February 2024.

The building currently under construction (at the Depot Road end) commenced in May this year and is designed to host the school's extensive programs in music, dance, drama, visual arts and media.

"The new Arts Centre is a sign of our ongoing commitment to the arts at Sandgate District State High School and the wider community," Principal Andy Stergou said.

Mr Stergou believes that this major investment by Education Queensland and the school contains a significant value-add for the students who will use the facility.

"The arts promote expression, creativity and self-confidence in the individual, but also greater social awareness, communication, skill development, reflection and community tolerance," he said.

"Not only will the space be able to hold more people in air-conditioned comfort than our

historic hall, the new centre will be a much-needed update for our signature Music Excellence and Dance Excellence programs."

The Sandgate District State High School Arts Excellence programs are receiving accolades across Brisbane as various groups have recently competed in high-level educational events. This dedicated facility is seen as an opportunity to enhance the potential of the delivery of the programs for the emerging artists involved.

"Students will be able to use state-of-the-art media technology, high-quality sprung dance floors and brand new visual arts and music spaces to engage in curricular and non-curricular activities," Mr Stergou added.

Apart from the advantages that the wider community receives from investing in the creative futures of our state school students, the performance space will be available for hire by community groups to facilitate performances of all types.

"Sandgate and the surrounding suburbs are already known for their thriving artistic groups, and to be able to contribute such a great new space means a lot to me and the school community," Mr Stergou said. "The school is already in conversation with the Sandgate Theatre Company about options for 2024 and beyond."

et al
GALLERY AND STUDIO

PRESENTS:
STUDIO 8



ALISON JAMES
visual artist & printmaker
ELYSE TAYLOR
visual artist & printmaker
LEAH GAY
mixed media artist

*an invitation to
watch the artists at work*

**10AM - 4PM DAILY
12 - 30 OCT 2023**



Scan for
workshops
& more info



4017 BAYSIDE OPEN STUDIOS

Et Al Gallery | Shop 10, Fifth Ave, Sandgate | @etgalleryandstudio



Evie Long



2023 Grand final winning team

SANDGATE HAWKS SOAR TO SUCCESS

STORY **ALYSSA MACKAY**

The Sandgate Hawks have had a remarkable 80th year.

With a premiership win and exciting news about one of their players, Evie Long, being invited to the AFLW Draft Combine, the club is soaring to new heights in Australian Rules Football.

Captain/coach of the QFA Division 2 North Reserves Men's team, Trent Fuller, said they had an undefeated season, highlighted by his team's victory in the grand final last month.

"It was a tough game," Trent said. "Even with five minutes to go, I still felt tense, even though we were 30 points up. It was very windy, so scoring was hard. The young fellas did a fantastic job."

He said he felt a huge sense of relief when the Hawks triumphed, with a score of 60 to 28 against Kedron Football Club.

"It was awesome, particularly from the year before - having won most games and losing the grand final, and then taking over as coach, I felt this huge responsibility to go one better," he said.

Trent, who coaches the team alongside his

brothers, Stefan and Jordan, said winning the premiership was one of three goals for the year.

"The other was to get as many A-Grade games from our younger players as we could, and I think we got 90," he said. "We also wanted to pass on some collective wisdom, starting with gratitude for volunteers or a reflection exercise - trying to make it a bit more than footy for the youth."

Another highlight is the club's commitment to providing a pathway for young players. With the removal of the under-19s competition in Brisbane, the Hawks have become a bridge between under-17s football and senior football. The team consists of a mix of young and experienced players, creating an environment for skill development.

Division 1 Senior Women's player, Evie Long, added to the club's achievements with an invitation to attend the AFLW Draft Combine in December. The combine allows potential AFLW clubs to assess the abilities of elite U18 players.

"I'm really excited to be able to attend the combine and test myself against the best girls in Australia," Evie said.

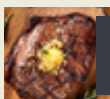
Evie has been a part of the Hawks since 2019, captaining the U15 premiership team in 2020 and winning Best on Ground.

"I love playing at Sandgate Hawks, it's great fun and I get to play with all my friends," she said. "The club has great coaches and feels like a big family. They have helped make me the player I am."



WHAT'S ON AT THE POSTIE

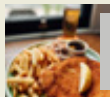
OPEN 11AM-LATE MON-FRI • 10AM-LATE SAT-SUN



MON /

\$20 STEAK NIGHT

+ \$2 SAUCE / + \$5 CALAMARI OR PRAWN TOPPER



MON
-FRI /

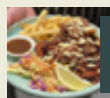
\$18 MAIN MEALS



MON
-FRI /

POSTIE'S POUR

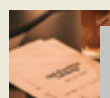
4PM-
6PM



TUES /

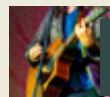
FREE SCHNITTY TOPPER

APPLE SLAW OR BBQ BRISKET PARMY



WED /

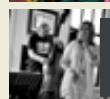
POSTIE TRIVIA



FRI
-SAT /

LIVE MUSIC

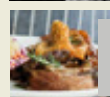
5:30PM-
8:30PM



SUN /

SUNDAY JAZZ

2:30PM-
5:30PM



SUN /

SUNDAY ROAST

1 Bowser Pde, Sandgate, Queensland

cheers@sandgatepostofficehotel.com.au | www.sandgatepostofficehotel.com.au | 1800 244 882



GEEBUNG SET TO LIGHT UP WITH STREET PARTY



Councillor Jared Cassidy, Peter Flynn, owner of Higher Grounds Espresso Bar on Collings Street (open on event day), and Geebung RSL CEO Greg Hurley, are getting ready for the Geebung Street Party

STORY **ALYSSA MACKAY**
PHOTO **JOHN PIRES PHOTOGRAPHY**

The Geebung community will come together this month for its first-ever street party.

The inaugural Geebung Street Party is a collaborative effort between Geebung RSL, Deagon Ward Councillor Jared Cassidy, Bart Mellish MP, and Anika Wells MP.

Cr Cassidy said Geebung was a diverse and rapidly growing part of the Northside and he was excited to see locals from all walks of life come together and have a good time.

"I've represented Geebung since 2020 and often thought it's the sort of community that has events happening all around it, but never in it," he said. "So, I caught up with Bart Mellish and Anika Wells and we came up with the idea of a street party for Geebung. We wanted to make

it a family event, which brought the community together and also supported local businesses. The RSL were very generous to support us from the get-go.

"We wanted to have it in the heart of Geebung, so for the first year it will be in Collings Street and if it's a success and grows, we may be able to take it right out to Newman Road in the future."

The event will feature around 50 market and community group stalls, offering a variety of products and services. Food vendors will serve up plenty of treats, including gluten-free and vegan options, alongside a sausage sizzle provided by the RSL Sub-Branch. Free face painting, boxing sessions with BTB Boxing and Fitness, and a maker's stall where visitors can create felt puppets are just a few of the activities on offer. There will also be live stage entertainment and a Halloween dress-up competition for the kids.

Cr Cassidy said the Geebung Street Party had something for everyone.

"From market stalls to delicious food and live performers and activities the whole family can all have a great day out right in their own community," he said.

"Bringing this event to Geebung allows us to showcase the local community in a relaxed and fun family event. It's a chance to show our support for talented young performers, community groups and businesses that call Geebung and the surrounding area home. "

Attendees are encouraged to walk to the event or catch the train to Geebung Station. Limited parking will be available at Geebung State School and surrounding streets.

For updates on activities and the stage program follow Geebung Street Party on Facebook.

Geebung Street Party
Sunday, 29 October, 10am-3pm
Collings Street, Geebung.



Sandgate Kids
EARLY EDUCATION

**ENROL
FOR 2024**



Click on the
QR Code
to book a tour



Nash Street - 3269 7895
Brighton Road - 3269 1937






Kindergarten
Approved Program

- ✓ School Readiness Program
- ✓ Govt. Funded Kindergarten
- ✓ Community Based Not-For-Profit
- ✓ Sustainability focus
- ✓ Safe & Stimulating Environment
- ✓ Qualified Teachers and Educators
- ✓ Foster inclusiveness & safety



@SANDGATEKIDS



**SANDGATE
PODIATRY**

John

Caitlin & Penny

Kristine



Next day orthotics
General Nail and skin care
Diabetic foot care
Foot & Ankle Injuries
Ingrown Toenails
Care plans accepted

3269 4273 | 14b Fifth Ave, Sandgate QLD 4017 | www.sandgatepodiatry.com

Local business celebrates 50 Years

STORY **ALYSSA MACKAY**

Fifty years ago, Allan and Susan McArthur started a backyard business with only \$60 saved from Allan's holiday pay.

This month, Sandgate Auto Electrics and Air Conditioning will celebrate its milestone anniversary at a charity event in support of the Royal Flying Doctor Services (RFDS).

Allan and Susan said it was amazing to see the company grow and develop into what it is today.

"As a family company, we could not have achieved this without the dedication, support and loyalty of the local community, which shows the credibility our company has within the community and we thank them for this," they said.

What began as a small auto-electrical business eventually expanded into the automotive air-conditioning industry. As the years passed, the company incorporated mechanical technicians into their operations.

Sandgate Auto Electrics and Air Conditioning is now part of McArthur Industries, a conglomerate that encompasses four independent businesses at 113 Connaught Street, Sandgate. Allan has since retired and passed on the legacy to his son, Todd McArthur, the CEO of McArthur Industries.

The anniversary event will feature an auction, with all funds raised to be donated to RFDS, an essential service providing medical assistance to those living in remote and rural communities.

For more information and to book tickets go to mobimag.co/inside-leasing/mcarthur-industries-fundraising-event/1



Find us on Facebook

Holiday care for your cat at home!

0407 159 903


www.felinefeeders.com.au

Saturday Yoga

Hatha Yoga 7 - 8:30am
Yoga Flow 8:45 - 9:45am

Yoga 4 Life
12 Paul St, Sandgate

Booking via - www.yogapracticepeace.com



*Transformative,
caring and professional
mental health support,
located in Clontarf*



**Compassionate
Counselling**

Master of Counselling
Master of Social Work
Bachelor of Human Services



Phone Joni Holland on
0493 271 495



Our Services

Implant Dentures • Suction Effective Dentures
Full & Partial Dentures • Same Day Denture Reline Service
Emergency Denture Repairs • Flexible or Semi- Flexible Dentures
Sports Mouth Guards-Custom Fitted • Home Visits
Private Health & DVA Gold Card Provider
Payment Plan is available



Let us keep the smile on your face!

Anzac Avenue Denture Clinic

119 Anzac Ave, Redcliffe, QLD 4020
Ph: 07 3883 2400 Fax: 07 3883 2337
e: anzacavenuedentureclinic@gmail.com
www.anzacavenuedentureclinic.com

Sandgate Denture Clinic

Suite 6/ 113 Brighton Rd, Sandgate,
QLD 4017
Ph: 07 3869 3361
e: admin@sandgatedentureclinic.com
www.sandgatedentureclinic.com



ASK ABOUT OUR PAYMENT PLAN

Zillmere Denture Clinic

Shop 3/ 67 Dunsford St, Zillmere,
QLD 4034
Ph: 07 3265 7652
e: admin@zillmeredentureclinic.com
www.zillmeredentureclinic.com



RAINBOW ROOM OPENS AT BRIGHTON HEALTH CAMPUS

STORY **ALYSSA MACKAY**

The Brighton Health Campus has opened its doors to a new space dedicated to offering peer support for the LGBTIQ+ community.

The Rainbow Room is a safe and inclusive facility located within the Brighton Wellness Hub and is available to both staff and consumers across Community and Oral Health.

Claire Harrison, Manager Consumer and Community Partnerships for Community and Oral Health, said the Rainbow Room aimed to provide individuals with access to peers who have lived experience within the LGBTIQ+ and transgender community.

"The idea came about in 2022 from one of our LGBTIQ+ working group members (Anton Cavalli) in response to the need to support consumers from the LGBTIQ+ community and staff working with them," Claire said.

"Although many LGBTIQ+ Australians live healthy, happy lives, research shows that a disproportionate number experience poorer mental health outcomes and have higher suicidal behaviours than their peers. Having LGBTIQ+ peer supporters available to talk with people

from their community, who come into a health facility, can provide the support a person may need to have a better experience."

The service offers consumers the opportunity to engage in open conversations with peers, enhancing their health journey. Peer supporters provide a supportive and empathetic ear, help connect individuals with social and emotional support services, advocate for LGBTIQ+ issues within Community and Oral Health and provide advice to staff on improving support for LGBTIQ+ consumers.

While peer supporters offer guidance and navigation to relevant services, they do not provide counselling or mediation services, nor are they able to offer advice outside of connecting consumers to appropriate resources. Anton Cavalli, one of the dedicated peer supporters in the Rainbow Room, expressed his passion for the role.

"I truly love meeting weekly with my peers knowing we're volunteering our time to provide such an invaluable support service to our community," Anton said. "There is no greater act than that of being of service to others in need."

The Rainbow Room operates every Monday from 2-4pm and welcomes visitors to drop by the hub during this time. However, to ensure a suitable appointment, visitors are advised to submit a referral in advance. Referrals can be made by calling 07 3631 7577 or emailing COH-Engagement@health.qld.gov.au

To learn more about the Rainbow Room call the Brighton Wellness Hub on 07 3631 7568. The Brighton Wellness Hub can be found at Cnr Nineteenth Ave and Hornibrook Hwy, Brighton.

**JOIN NOW
\$5 FOR LIFE!**



your friendly local club

OPEN 10AM - LATE | 7 DAYS A WEEK

FACILITIES - Element Restaurant, Zac's Coffee Shop, Gaming Room, Wood-fired Pizzas, Function Room, Over 40 Beer Taps, Bottle Shop, Keno & TAB

WHATS ON - Live Music, Tribute Shows, Weekly Mega Raffles, Weekly Members Draws, Bingo every Monday & Wednesday, Trivia, Music Bingo, Gaming Promotions & so much more!

📞 3265 3711
🌐 GEEBUNGRSL.COM.AU
📍 323 NEWMAN RD GEEBUNG



Community & Oral Health

RAINBOW ROOM

Supporting our diverse community

**Peer support
for our LGBTIQ+ Community**

For staff,
clients, family
and carers

Peer supporters
with lived
experience

Social and Emotional Support | Navigate to support Services
Contact: 3631 7577 or scan the QR code for more information.



Metro North Health |  Queensland Government



**dental
seasons**

where a smile is always in season

- We welcome all new patients, you don't need to be in a health fund!
- We believe in educating you and giving you choices.
- We are a highly qualified and educated team.
- We believe a healthy body is connected to a healthy mouth.

www.dentalseasons.com.au
info@dentalseasons.com.au
3269 2064
119a Brighton Road, SANDGATE

 **invisalign®**

WE ACCEPT all Health Funds, Child Dental Benefits Schedule and DVA claims.

"A different view on dentistry, with utmost compassion, gentleness & concern"
Dr Andrew Bachour BDS (Hons) MACNEM MScMed (Sleep Medicine)





JIMMY'S INFINITE MUSICAL JOURNEY

STORY **ALEASHA BLISS**
PHOTO **BRUCE REDMAN**

This year has been a big one for Jimmy Marchant, with the release of his first original song and the establishment of his own business, setting up stages for major acts.

Jimmy, who is autistic with ADHD, said his interest in music began when he was young, and his parents supported his dreams by putting him in guitar lessons with Joe Robinson – who used to play with Tommy Emmanuel.

"Joe is a guitar extraordinaire," Jimmy said. "I was lucky to have a supportive family who always encouraged me, which has been vital for me."

The Brighton local has many musical talents. He predominantly plays guitar, but also dabbles

with bass and the drums, and is a lyricist. With the guidance of Team Musicare and collaborations with other artists, he has realised his passion for composing music and telling a story through songs.

Jimmy has done some work for local radio 99.7 Bridge FM, and Big Jon's segment 'No Limits' gave him the opportunity to release his first piece – True Horizon.

"There's no limit to what people can do," Jimmy said. "No Limits finds the abilities, not the disability. Collectively as a community, we can create awesome things."

The budding musician said he has more songs to come later this year and loves that music is a "language everyone speaks."

"Music is very powerful," he said. "It connects people, helps with mental health and improves people's mood. I love being a part of that experience for the audience."

Team Musicare has mentored Jimmy in several aspects of the music industry, which has helped him gain the confidence to start his own business, On Stage Oz. He has set the stages for Backstreet Boys, Tiesto, Hoodoo Gurus, The Screaming Jets and The Presets, to name a few.

He said that working behind the scenes has also opened his eyes to how important every aspect of a concert is.

"In order to have a successful show, all the nuts and bolts need to be right," he said. "The show runs smoothly if all the stage set up is done professionally."

Follow Jimmy's journey at <https://www.instagram.com/onstageoz/>



Asbestos & Silica Related Disease Compensation Experts

Mesothelioma · Asbestosis
Asbestos Related Pleural Disease
Lung Cancer · COPD/Emphysema

3482 8500
turnerfreeman.com.au
NORTH LAKES

**Turner
Freeman**
LAWYERS

ENVIRO -foam

Proudly Producing Australian Made Foam and Mattresses

**Foam cut to size, foam mattresses.
Most custom shapes and sizes.**

12 Oasis Court, Clontarf

www.foam.com.au | 07 3205 6088 | sales@foam.com.au





YOUR SANDGATE

SOLAR SPECIALIST

\$0 BILL
up to 10 years*

- 35 Years electrical experience
- 15 Years in the solar industry
- Free future proof energy audit
- Battery systems
- Servicing your home & business



Give Rob a call

info@begoneenergy.com.au

0476 467 739

WE'RE HERE FOR YOU!



Dental Excel is proud to be a part of the MARLEY DENTAL GROUP

FAMILY DENTISTRY

**NOW OPEN
FOR ALL PROCEDURES**

COVID-19 Screening measures in place to ensure safety



Dental Excel is grateful for the dedication of our staff who have been there for your emergency treatments throughout this crisis. We are still here for you and still adhering to strict hygiene precautions to keep you and us safe.

Bulk Billing Medicare Child • Dental Benefit Scheme for Eligible 2-17 yrs

**Family Dentistry • General Dentistry • Cosmetic Enhancements
Zoom© Teeth Whitening • Veneers • Crown and Bridge • White Fillings
Preventative Dentistry • Children's Care • Gum Disease Maintenance
Dentures and Veterans Affairs • Dental Implants**

PAYMENT PLAN-NO INTEREST EVER

(conditions apply)

afterpay

zip money



Ph: 3261 4222

**2 /57 Gawain Road,
Bracken Ridge**

Open Monday to Saturday

Early and Late Appointments



www.dentalexcel.com.au



GUIDING LIGHTS CELEBRATE 100 YEARS

Deslea Grice (Grandma) with the Guides

STORY **BROOKE JACOBSON**

PHOTO **BRUCE REDMAN**

Sandgate's Girl Guide unit is celebrating a remarkable milestone this year – a century of Guiding in the 4017.

Unit leader, Leith Hayward, said Girl Guides had been meeting continuously in Sandgate for 100 years.

"Initially they met on the verandah of Sandgate State School, and they spent five years raising funds to build the Girl Guide hut – they had dances in the Town Hall to raise money," Leith said. "And we still meet in that original building today."

Girl Guides formed in Australia as early as 1909 and by 1920, there were Guiding Associations in six states.

Today, it's estimated that more than one million Australian women have been, or are, Girl Guides.

"Our aim is to empower girls to be leaders in society," Leith said. "We teach them leadership skills in an environment where they can feel safe, and they meet up each week, and form great friendships."

"A lot has changed – we're not about learning to knit and crochet anymore, but the girls still earn badges, they still volunteer in the community, and they still have a uniform."

"So, a lot of those traditions remain the same. Here in Sandgate, we have about 15 to 20 girls each week, and one of our newest girls, her grandmother was a Guide, so it's lovely to have families that have that tradition."

The unit will be hosting a celebration on 22 October, with activities for the girls, a Devonshire Tea, and a display including old uniforms.

"Some of our girls will receive their Baden-Powell badges that day as well, which will be really special," Leith said. "This is really about celebrating Guiding in itself – Guides can do anything."

Although girls are now allowed to join Scouts as well, Leith said it was important for young women to have their own space.

"It's great that girls can join Scouts, but for our girls, particularly if they have brothers, they want to have a space that's just theirs."

"It's a safe space for girls where they can come each week, learn skills, and support each other."

For more information about the Sandgate Girl Guides email: leith.hayward@girlguides-qld.org.au

Sandgate Girl Guides Centenary
Sunday, 22 October, 9.30am
Girl Guide Hut
55 Burnett Place, Sandgate.





Orthotics • Home Visits
Diabetics & General Foot Care

Private Health Funds • DVA • EPC Referrals

 **Fiona Green**
Podiatry tel. 3269 3795

Shop 11/15
Lascelles St Brighton

Shop 7 Sandgate Arcade
Cnr Brighton Rd &
Second Ave Sandgate



GORMAN REMOVALS

ESTABLISHED 1962

- Local & Interstate Moves
- Storage Facilities
- Owner Operated

Careful | Reputable | Reliable

Call John Gorman or one of his experienced staff members for a quote today on

3480 2333

www.gormans.com.au

SANDGATE MOWERS

 129 Rainbow St, Sandgate
 0404 724 346
 sandgatemowers.com.au

 **HONDA**
from only
\$559



**MOWER RANGE
STARTING FROM \$449**



TRIMMERS STARTING FROM \$219



**BLOWERS
STARTING FROM \$249**

Monday - Friday 8:30-5:00 PM, Saturday 8:30-12:30 PM   @sandgatemowers

SocialSnaps

by PAUL NEIL



If you have an event that you think is worth a photo, call me on 0449 660 473



Sandgate State School past pupil, Camille, rings the old school bell and joins the huge crowd for all the fun and games at Sandgate State School's 150th Year Celebrations.



Carol and Graham celebrate their 50th Wedding Anniversary with a lovely family party at The Post Office Hotel, Sandgate.



Lions Club members, Jeanette and Val, deliver sandwiches to the hungry festival crowds at this year's fantastic Backyard Bonanza 2023 at Mc Pherson Park, Bracken Ridge.



Just 3 weeks old! Morgan and Jarryd hold their beautiful, first born, baby girl Elle for our newborn baby photo session. Welcome to the world baby Elle!



PLUMBING



ELECTRICAL



GAS



AIR CONDITIONING



GET READY FOR *summer*



**MITSUBISHI
ELECTRIC**

Supply & standard install,
pricing from (inc gst):

2.5 kw	\$1720
3.5 kw	\$1880
4.2 kw	\$2250
5.0 kw	\$2400
7.0 kw	\$2880
8.0 kw	\$3500
9.4 kw	\$4000



**GREE BORA WIFI ENABLED
+ 6 YEAR MANUFACTURER
WARRANTY**

Supply & standard install,
pricing from (inc gst):

2.5 kw	\$1400
3.5 kw	\$1540
5.0 kw	\$1900
7.0 kw	\$2120
9.0 kw	\$3100

*Conditions Apply

OVER 25 YEARS OF EXPERIENCE

CALL CHRIS TODAY ON **0452 477 612**
ELECTROPLUMB.COM.AU



\$25

8.5KG
BBQ CYLINDER REFILL



85 Kempster Street, Sandgate Q 4017

1300 20 30 34
www.directgas.co



Southern Cross Catholic College
Co-educational Prep - Year 12
REDCLIFFE

The College of choice on the Redcliffe Peninsula for over 25 years

Unwavering in our pursuit of excellence

Campuses at Woody Point | Kippa Ring | Scarborough

Enrolments open for 2025 and beyond
www.sccc.qld.edu.au

Great Expectations and Relationships

WITH **TRICIA BOLTON**

It's normal to have expectations of loved ones about how they should behave. We think we'd be happier if they acted a certain way, so we try to change them.

We imagine how they should behave, believing that our version is better and would make us happy.

This is a common misconception.

How other people behave does not impact our emotional well-being until we make their behaviour mean something that we find upsetting. When our partner won't wash up and we think it's unfair and they don't care about us – that's what upsets us, our narrative about the washing up, not their behaviour. Someone else may think they're just lazy and shrug it off.

Tying our emotional happiness to other people's behaviour creates emotional pain because we can't control them. Adults have the ability and freedom to behave how they choose (within reason).

This includes us. We can decide how we respond, even when other people behave in objectionable ways.

The only person we have the power to change in our relationships is ourselves. Interestingly, relationships often change when we allow people to be themselves and stop trying to control them.

We can still have expectations of others, but the difference is when we can ask with "no strings attached". A non-response doesn't automatically trigger hurt because we get to decide how we want to behave in response.

That's where our true power lies.

www.triciaboltoncoaching.com

G.R. Brown Solicitor

WE CAN ASSIST YOU IN THE FOLLOWING LEGAL AREAS:

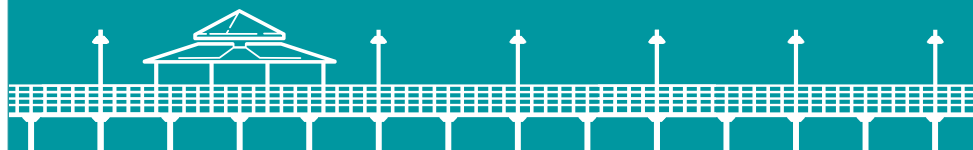
Wills | Estates | Conveyancing | Property Law
Family Law | Neighbourhood Law | Domestic Violence
Driver Licensing | Enduring Power of Attorney

📍 70 Loudon Street,
Sandgate QLD 4017

✉ grb@grbrown.com.au

🌐 www.grbrown.com.au

☎ 3269 8511



Wolf's Tale to Entertain @ EclecTea

STORY **PANAYIOTA**

Music – a universal language that embodies good storytelling, emotional connection and has a funny way of soothing the soul.

Wolf's Tale is a local band of three; Frank Frikker, singer, songwriter, guitarist, Pete Hill on bass, vocals and Steve Bedford as lead guitarist; acoustic/e-guitars, vocals.

The trio perform primarily originals inspired by Frikker's love of good stories.

"Our program is a mix of storytelling, humour/satire and songs based on poetry using folk, folk-rock, blues, country and jazz (roots) music elements," said Frikker. "The lyrics are the core of our songs."

This October, Wolf's Tale will perform at EclecTea where patrons can enjoy "a mix of originals with cover songs. Most [songs] allow for foot tapping, have a certain swing, make people laugh/smile," said Frikker.

Brighton business, EclecTea is great local spot to share food, have a few drinks and enjoy live music.

"In taking over Eclectea, I wanted to create a place where people could relax and unwind," said owner Kara Rigg. "Very relaxed and welcoming. Real food. Real people. Real vibe. Is our motto."

EclecTea offers a variety of entertainment regularly from Thursday to Sunday every week and you can catch Wolf's Tale there on Saturday 14 October.

For reservations, text 0416 689 465. For more on Wolf's Tale, www.geckomusicproductions.com.au.

Wolf's Tale @ EclecTea
Saturday 14 October, from 5.30-8.30pm
2 Queens Parade
Brighton Q 4017



HOWZAT?! WORLD CLASS INDOOR CRICKET TRAINING

STORY & PHOTOS **BRUCE REDMAN**

Saurabh Kumar has played cricket his whole life and loves his cricket so much that he has opened a top-drawer indoor training facility in Geebung for everyone to get the chance to share his passion (and get better at playing it).

Since making Australia his home in 2009, Saurabh has been cricket coaching, starting out with it as a hobby and volunteer.

"I love passing the great game onto others," he says. "I always did loads of PD on cricket and upskilled myself and before I knew it became so big that it needed to turn into what it is now."

Over that time, Saurabh has gained a reputation as an excellent cricket coach, especially for young emerging champions.

The Blaze Cricket facility offers a series of self-contained cricket nets with state-of-the-art "BOLA" bowling machines from the UK that allow the user to set the style of bowling and speed of the ball.

There is also a viewing platform for family, friends and fans alike and gym facilities for the cricketers. The nets are also available to baseball enthusiasts.

"Blaze Cricket is one-of its kind in North Brisbane. Brisbane has lots of cricket lovers



and we want to help those budding cricketers to reach their goals," said Saurabh.

Since opening in early July this year, the facility has become a welcome addition to training possibilities for cricket players.

"The idea is that our community can benefit from it and play the game when they want to," said Saurabh. Parents in particular have welcomed the idea of being able to observe their kids training after hours. Many of them will come along to Blaze and help out by feeding the cricket balls into the bowling machine for their cricketers.

Saurabh says his dream for the facility is that it be "used to its maximum capacity, helping world class, emerging players. We will do our very best to keep upgrading the facility to meet the player's needs and the increasing demands of the game."

Blaze Cricket Facility
40 Basalt St GEEBUNG
blazecricket.com.au
PH: 0422 397 838



The dance floor was Tony's happy place. So when he died, we made sure he was remembered in his own special way. We found a vintage jukebox full of his favourite songs and turned his final goodbye into a ballroom. Tony was, as he so often had been, the star of the show.

**The best way to say goodbye is just the way they would have wanted.
George Harnett Metropolitan Funerals knows how.**



Learn more



**George Harnett
Metropolitan Funerals**

Sandgate 3869 3077



COUNTRY KITCHEN

CHICKEN JAMBALAYA

In our family it is known as Chicken Jambalaya. The basis of a Jambalaya is meat, rice and seasoning in Creole cooking. This recipe was one that our eldest daughter learnt to cook at high school in the late '80s.

There was no capsicum or mushrooms used in those days. I have modified the ingredients over time. Every cook can make it their own.

Substitute the chicken with sausages, omit the meat and add other vegetables.

Use Cajun or even Moroccan seasoning.

It is a true one pot dish, great for a quick weekend meal, well adapted for camping and caravanning.

I have cooked it in a deep fry pan over a metho stove!

Recipe by QCWA member Anne Jenkins

INGREDIENTS

4 SERVES

Chicken drumsticks or bone in thigh cutlets- one or two per person depending on size.

1 medium onion sliced

2 cloves of garlic crushed or use dried garlic flakes if more convenient.

1 medium capsicum deseeded and sliced into strips. (any colour but red gives good colour to the dish)

2-3 mushrooms person, sliced.

2 rashers of bacon – preferably smoked or use a Chorizo sausage thinly sliced. Chorizo colours the rice and is very tasty.

1 cup of Basmati Rice.

Chicken stock -one and half cups.

Seasoning – add black pepper, some chilli flakes if some warmth is enjoyed or some herbs, mixed Italian dried herbs, fresh oregano. Be creative!

$\frac{3}{4}$ cup frozen peas or some sliced Snow Peas.

METHOD

Use a fry pan, skillet or a large heavy bottomed camping style frying pan with a lid

Prep the fry pan with a very little Olive Oil -don't use a spray cooking oil, just wipe the pan around with whatever oil you usually use.

Heat pan and add chicken, saute turning a couple of times then place lid on pan and cook chicken pieces for about 5 minutes. This depends on size but only need partial cook.

Add onion, garlic and Capsicum. Stir around chicken pieces replace lid and allow to cook until onion is softened.

Turn up heat add bacon or Chorizo and fry quickly, then add mushrooms, replace lid and cook for about 3 minutes.

Turn the chicken pieces

Add rice, seasoning and stock, turn down heat until everything is just simmering so that the rice cooks by absorption. About 13 minutes.

Add frozen peas or some sliced snow peas, replace lid and cook for 3 minutes.

Serve in pasta bowls. No accompaniments required!



The Sandgate branch of the QCWA meets on the third Wednesday of each month at the Sandgate Bowls Club; and they have a casual craft day on the first Wednesday of each month at the RSL sub-branch hall in Burnett Lane. Anyone interested in joining can email sandgateqcwa@gmail.com



GILL & LANE

Leading Wills & Estates Lawyers in North Brisbane

Estate Planning is more than just a Will.

**We want to know what is important to you and
provide you with expert advice and care.**

Our team will give you guidance and help you plan for difficulties that can arise from these common issues:

- ✓ protecting an inheritance from divorce or separation
- ✓ keeping your wealth within your family
- ✓ reducing estate claim risks
- ✓ managing tax implications.

Contact us today for more information and to create an estate plan that's right for you (and your family).

We can also help you with:

- ✓ deceased estates
- ✓ enduring powers of attorney
- ✓ buying and selling property
- ✓ leasing and commercial property.

gillandlane.com.au
07 3269 8111



BY **BROOKE JACOBSON**

HISTORY AND A CUPPA

The Sandgate Museum is hosting Tea and History on Thursday, 26 October at 10am. Come along and enjoy a Devonshire tea served with ample amounts of free local history and trivia. Cost of the tea is \$10 and bookings are essential.

Contact the museum on Wednesdays or Sundays on: 3869 2283 or 0408 227 126; or email: info@sandgatemuseum.com.au

CALLING ALL WITCHES AND WIZARDS

Thursday, 12 October is Harry Potter Book Day! Dress in your best Hogwarts robes and head to the Sandgate Library at 1 Seymour Street, Sandgate from 4pm to 5pm.

Harry Potter Book Day is a chance for fans around the globe to celebrate the world of Harry Potter. This year's theme is magical places – from Platform 9 $\frac{3}{4}$ to Hogsmeade, The Burrow, to the Ministry of Magic, there's a whole wizarding world to explore. Aimed at ages five to 12, this is a free event. Bookings are essential.

Send an owl, or call: 3667 6022 to reserve your place.

BEACHSIDE RAMBLE

Discover marine creatures and more while the tide is out with Laurie Jeays Beach Walk on Monday, 23 October at 9.30am. Meet opposite the Old Baptist Church on the Sandgate foreshore. Wear a hat, sunscreen, and sturdy shoes that can get wet. Children must be accompanied by an adult. Bookings are essential. Phone: 0410 327 095.

COMPOSTING MASTERCLASS

Would you like to turn your food and garden waste into a goldmine for your garden? Head along to the Composting 101 Workshop being held at Gumbuya Community Garden, next to the Sandgate PCYC.

This workshop is for every adult who is interested in turning kitchen waste into nutrient-rich compost, which will help your garden to thrive.

Learn how to set up a composting system and gain some hands-on experience. The

workshop is being held on Sunday, 22 October from 1pm to 3.30pm. Please wear clothes suitable for gardening, and bring water, a snack, a hat, and gardening gloves.

The workshop is free, but please register beforehand via email: theharbos@ozemail.com.au

LESS PLASTIC, THAT'S FANTASTIC

The State Government has now banned more single-use plastic items. As of earlier this month, the following are no longer allowed in Queensland:

- Q-tips with plastic stems
- Release of lighter-than-air balloons
- Plastic microbeads in personal care and cleaning products
- Expanded polystyrene loose packaging (packing peanuts)

Minimum reusability standards are also being introduced for shopping bags.

HELP THE HOMELESS

Deagon Ward Councillor Jared Cassidy's office is currently taking donations for Homeless Connect.

This year, there is a focus on non-perishable food items and toiletries. Donations will be accepted until 20 October. You can find Cr Cassidy's office at Level 1, 2A/47 Brighton Road Sandgate, upstairs near Aldi.

STRETCH IT OUT

Rise and shine early on Friday, 6 October for a free all-ages Pilates class at Arthur Davies Park, Flinders Parade, Sandgate. Meet at the gazebo at 6am for the one-hour class. For more information, call Sharon at Precision Pilates: 0439 996 049.

FOLDING FOR YOUR MIND

As part of Seniors Month and Mental Health Week, the Sandgate Library is hosting an origami workshop for seniors.

The workshop will be held on Wednesday, 11 October from 11am to noon at the Sandgate Library, 1 Seymour Street, Sandgate.

Bookings are essential, please call: 3667 6022 to secure your place.

ADVANCED CARE PLANNING

Brighton Wellness Hub are holding a free community information session on Advanced Care Planning. Presented by the Community & Oral Health Social Work team, the event will be held on 11 October from 10am to 11.30am at the Hub located on Cnr Nineteenth Ave and Hornibrook Highway, Brighton. For more information call Katie on 3631 7568.

ZONTA WORKSHOP HELPING WOMEN

ZONTA Club of Northside are helping to build a better world for women and girls. This month they are running a Birthing Kit Assembly workshop at the Sandgate Uniting Church, located at 116 Board Street Deagon. The workshop will be held on 21 October and run from 12.30pm to 4pm. Light refreshments are provided and if you would like more information or to register your attendance email zontaclubofnorthside@gmail.com

JINGLE BREWS - SAVE THE DATE!

Mark 16 December in your calendar as Sandgate Bayside Chamber of Commerce and participating venues celebrate the Christmas Season and fundraise for the charity Variety Club with the inaugural Jingle Brews!

From early October you can register your team and get ready for for an afternoon of pints, cool drinks, games and activities across five of Sandgate's favourite locations. From early afternoon, teams will make their way around Sandgate Post Office Hotel, Cardigan Bar, Blues Nose Betty, Mr Hendersons and the Sands Social.

Tickets are \$99 per person and include one pint of beer at each venue (can be substituted for house wine or soft drink), a souvenir pint glass, light refreshments, entertainment, games and activities. All profits raised from ticket sales go directly to the charity Variety Club. Each team will be asked to have a team costume, name and captain, and prizes will be awarded throughout the afternoon for games and activities. More information www.sandgatebayside.com.au/jingle-brews

Would you like to contribute to Bramble Bites?

Is there something happening in the 4017 community you'd like to share? Email Brooke to be included in the next edition of Bramble Bites: admin@3bmedia.com.au



YOUR FRIENDLY NEIGHBOURHOOD BAR

CRAFT BEER ~ COCKTAILS
GIN ~ LIVE MUSIC ~ TRIVIA
FOOD TRUCKS

OPEN THURSDAY - SUNDAY

CHECK OUT FACEBOOK FOR
WHAT'S ON THIS WEEK


DOG FRIENDLY BEER GARDEN!

*"Delicious cocktails and smiling
service, always!" ~ Olivia*

69 BRIGHTON RD SANDGATE



Paving • Garden Clean-ups
New Gardens
All Aspects of Landscaping



Ph 0422 077 151

A WORD FROM OUR REPRESENTATIVES

The Northside is set to become a hive of activity over the next few weeks with local events like the Sandgate Youth Festival and the Geebung Street Party fast approaching. On October the 28th and 29th, these local events are a great opportunity to get out and enjoy the best our community has to offer. From live and local performances to delicious food and market stalls, there's something for the whole family.



WITH **CR JARED
CASSIDY**

For more information be sure to check out my facebook page!

We also have Kerbside Collection coming to the Northside in the next few weeks. After campaigning hard to see this Council service retained, locals will have the opportunity to dispose of large household items free of charge. I attached some of these collection dates below.

Shorncliffe & Bracken Ridge – October 2

Sandgate, Deagon, Brighton, Taigum & Fitzgibbon – October 9

Zillmere, Boondall – October 16

Geebung – October 23

If you have any questions regarding the collection or anything else Council related, please get into touch at either 3667 6011 or deagon.ward@bcc.qld.gov.au

The Albanese Government is delivering significant new practical measures to support Australian small businesses and to help them prosper.

On September 13, the government introduced the Treasury Laws Amendment (Support for Small Business and Charities and Other Measures) Bill 2023 into Parliament.



WITH **ANIKA
WELLS MP**

The Bill delivers measures announced in the 2022-23 Budget to ease pressure and boost resilience for small businesses.

Small businesses with aggregated annual turnover of less than \$10 million will be able to immediately deduct eligible assets costing less than \$20,000, from 1 July 2023 until 30 June 2024.

The \$20,000 threshold will apply on a per asset basis, so small businesses can instantly write off multiple assets.

Schedule 2 to the Bill will introduce the Small Business Energy Incentive, a measure designed to help small and medium businesses save on their energy bills.

Up to 3.8 million small and medium businesses with aggregated annual turnover of less than \$50 million will have access to a bonus 20 per cent deduction for eligible assets supporting electrification and more efficient use of energy.

The new tax incentive applies from 1 July 2023 until 30 June 2024.

The Schrinner Council is bringing you more to see and do with a free movie under the stars! On Friday 6 October, join me at Bill Brown Reserve,



WITH **CR SANDY
LANDERS**

391 Telegraph Road, Fitzgibbon, from 5pm with free face painting and from 6.30pm watch Minions -The Rise of Gru. Food trucks will be available for you to purchase food.

The 2024 Lord Mayor's Australia Day Awards recognise Brisbane's unsung heroes and pay tribute to the people in our community who have gone above and beyond to help improve the lives of others. You can nominate someone who deserves recognition by going to www.brisbane.qld.gov.au Nominations will close at 5pm on Monday 30 October 2023.

Our next Homeless Connect event will be held on Friday 3 November 2023. Local residents can assist by donating non-perishable food items and toiletries to my Bracken Ridge Ward Office or any Brisbane City Council library.

The Schrinner Council is helping residents prepare their property to be fire and storm ready by holding a free green waste drop-off weekend every month in spring. Free green waste drop off weekends are on 7-8 October and 11-12 November at all four Brisbane City Council resource recovery centres.

Don't forget to also register for weather alerts at ewa.brisbane.qld.gov.au/

To stay up to date with news and upcoming projects in the Bracken Ridge Ward follow my Facebook page at [Facebook.com/Cr.Sandy.Landers](https://www.facebook.com/Cr.Sandy.Landers) or Instagram @crsandylanders.

The Palaszczuk Government is investing \$151 million to help Queensland households better dispose of organic waste.

Household organic waste, like our food and garden clippings, makes up 50% of waste collected from kerbside bins, and when this is sent to landfill it produces harmful greenhouse gas. The GROW FOGO Program will support councils to roll out more than 1 million lime-green lidded organics bins - helping to reduce waste to landfill, reduce greenhouse gas emissions, and create jobs for Queensland. I would like to take the opportunity to thank Leader of the Opposition and Councillor for



**WITH STIRLING
HINCHLIFFE MP**

Deagon Ward, Jared Cassidy, who has been a strong advocate in this space and a major influence in the introduction of this fantastic policy. Additionally, in October we celebrate Queensland Seniors Month which serves as a wonderful way to shine a spotlight on the many important roles older people play in our communities as volunteers, colleagues, community leaders, carers, grandparents, workers or advocates. I encourage

all local seniors to get out and about and experience everything Queensland Seniors Month has to offer.

For more information about Seniors Month and to check out what events are available, visit: qldseniorsmonth.org.au/

Gambling Community Benefit Fund

The Gambling Community Benefit Fund (GCBF) is Queensland's largest one-off community grants program and distributes approximately \$60 million each year to not-for-profit community groups. The GCBF funding helps these groups to provide services, leisure activities and opportunities for Queensland communities. Member for Sandgate, Stirling Hinchliffe MP, encourages all local organisations to apply for the next round of funding. "The Gambling Community Benefit Fund provides local community organisations the opportunity to get funding for projects that will benefit the community," said Mr Hinchliffe. "Most recently, the Bracken Ridge Swimming Club was the beneficiary of a grant which has enabled them to install heat pumps in their pool." "I encourage any local community organisations to apply." The \$35,000 grant round is now open for applications and closes 7 November 2023.

To check eligibility requirements and understand your organisation's responsibilities throughout all stages of the grant funding process, read the guidelines here: www.justice.qld.gov.au/initiatives/community-grants/guidelines

For instructions on how to apply, visit: www.justice.qld.gov.au/initiatives/community-grants/current-round

For more information, contact Stirling Hinchliffe's office on 07 3639 9100 or by emailing sandgate@parliament.qld.gov.au



**"Have you forgotten your
Teeth Clean?"
Six months goes by quickly.
Book now.**



**Call to book your
appointment at
tooth kind today.**

Ph: 3269 0655

97 Braun Street, Deagon (next to KFC)

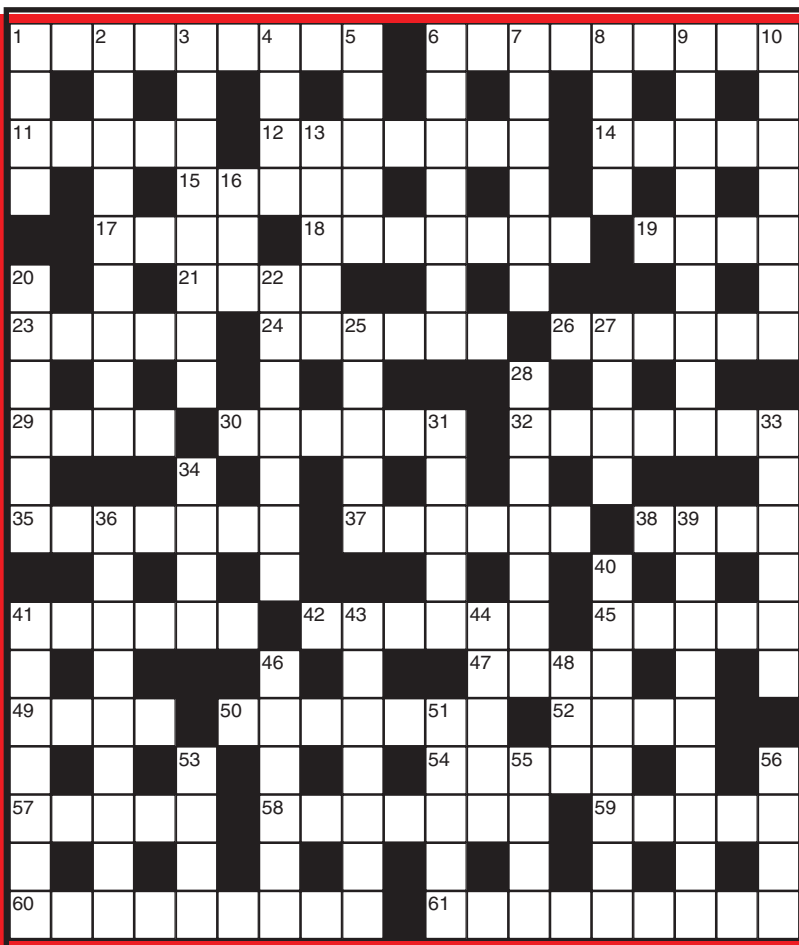
Book Online At:

www.toothkind.com.au

Preferred Providers for



THE BIG ONE CROSSWORD



ACROSS

- 1 Bygone vessel
6 Golfers' knickerbockers (4,5)
11 Terrible
12 Eliminate (4,3)
14 Crazy
15 Hobbles
17 Leader in the Mafia
18 Units of time
19 Kitchen appliance
21 Long ago
23 Stone memorial
24 Wait on
26 Puts up with
29 You (arch)
30 Beaks

- 32 Shrivelled (5-2)
35 Gaping
37 Two or more
38 Indonesian island
41 Captivating
42 To thrust
45 Pillars
47 Funeral pile
49 Blow
50 One who lives in solitude
52 Bows
54 Sill
57 Pay-off
58 Cilium
59 Bush track
60 Colour (5,4)
61 City in NSW

DOWN

- 1 Vacillate
2 Competent
3 Area of very calm water
4 Injure
5 Single beat
6 He, she, I, eg
7 Disordered
8 Give off vapour
9 Whole
10 Axioms
13 Spill
16 Particle
20 Absent-minded
22 Slaughter
25 Pound

- 27 Security
28 Perfectly
31 Eat (soup) noisily
33 Clergyman
34 Eminent
36 Aquatic plant
39 Helper
40 Light opera
41 Cavity of the heart
43 Disencumber
44 Fencing swords
46 Withdraw formally
48 Tatter
51 Killed
53 Bride's garment
55 Arab sailing ship
56 Chimney

Solution: Page 91



**12 AWARDS
2023**



All Our Beef & Lamb is
100% Grass Fed
and Free Range!

JASON'S

QUALITY MEATS

FREE RANGE SPECIALIST



SAUSAGE KING

Brisbane Northside/East



**6 Years Running
33 Awards!**

-  **1st Traditional Australian Country Pork**
-  **1st Sweet Orange Beef**
-  **1st Chicken, Garlic and Camembert Cheese**
-  **2nd Traditional Australian Country Beef**
-  **2nd Honey, Lamb & Pork Bratwurst**
-  **2nd Lamb, Date and Smokey Fig**
-  **2nd Gourmet Pork and Fennel Burger**
-  **3rd Smokey Pig and Fig**
-  **3rd Rosemary, Mint and Lamb**
-  **3rd Pork and Fennel Spicy Italian**
-  **3rd Mild Butter Chicken and Capsicum**
-  **3rd Pepper Steak, Worcestershire and Vegetable Burger**

10 QUEENS PARADE BRIGHTON

3269 2049

 **@jqm_free_range_butcher**  **JQM Free RANGE Specialist**

Find us on Google
for Directions



1800 245 955

www.coochie.com.au

YOU ARE IN GOOD HANDS WITH COOCHIE HYDROGREEN
for a beautiful clean, green, healthy lawn

WHAT DOES OUR LAWN CARE PROGRAM INCLUDE?

- Lifetime service & product warranty
- FREE call back & redo policy
- Pay as you go with no lock in contracts
- Free advice regarding lawn care and maintenance
- Cost effective solution for positive visual results
- Pet friendly products

You don't buy any more products, all you need to do is water and mow!
We take care of the rest!

WHY CHOOSE COOCHIE?

- Coochie Hydrogreen services over **30,000** regular clients on our Lawn Care Program Australia Wide
- Our commercial grade lawn products are unique and not available to the public
- Australian owned, home grown business
- No.1 industry leader for over 25 years

FREE on-site professional lawn inspection and advice:

FROM AS
LITTLE AS
\$1.75
A DAY

WE DO NOT MOW LAWNS





Meet Paul Martin, Sandgate & Surrounds Area Manager for Coochie HydroGreen.

Paul said, "Coochie HydroGreen has been in the local area now for over 20 years and have built up a great reputation for top quality, punctual timeliness and excellent results. We get results that the average click on hose weed and feeding or hardware products just can't deliver. We use organic based fertilizer and commercial grade, pet friendly products, that we install for you and back up with our lifetime warranty while on our lawn care plan."

To organize a free 10 point lawn assessment simply go to our web page and **book** or **call 1800 245 955**.

LAWN CARE PROGRAM

- Have you spent hundreds of dollars on weed and lawn pest control products?

- Are you taking up storage space in your shed with harsh chemicals?

- Have you spent hours applying fertilising and weed control products only to end up pulling the weeds out or killing your grass in the process? Coochie Hydrogreen can make these dilemmas a thing of the past.

By joining our Lawn Care Program (LCP), you will receive our unique 6-in-1 treatments, designed specifically for your lawn.

Our treatments contain a mixture of liquid fertilisers, organic soil conditioners and soil moisture retainers to encourage strong, healthy growth in your lawn as well as spot treating for weeds, pests and diseases to give your lawn a lush, weed free appearance year-round.

Our Lawn Care Program consists of 6 visits annually every 8-10 weeks. Every other month your local technician will stop by to apply a seasonal mix of our products to give your lawn a boost of nutrients needed to thrive throughout the season. Your local technician will also monitor and treat your lawn for any weeds, pests, and diseases that may be showing their heads since the last visit.

If you have any questions or just need some good honest help or advice, contact our web page or office and Area Manager, Paul Martin will come out free of charge and give you some

advice, a 10-point lawn health checkup and if you want, he can fix any issue you might have there and then while there.

LAWN GRUB SEASON

Lawn grubs are caterpillars from a small grey moth that eats the green leaf of the lawn and in large numbers can virtually kill the whole lawn if left unchecked. There are many other pests that attack lawns, such as Mealy Bugs, Scarab grubs, Couch Mites, Scale that can cause serious damage, however the Lawn Grub is the main pest here in Brisbane. It costs a lot of money to replace turf these days, so it is a good idea to keep an eye on your lawn for signs of pest invasion.

HERE'S SOME SIGNS TO LOOK OUT FOR:

1. BROWN PATCHES IN YOUR LAWN

Lawn grubs eat the green leaf and leave only the stalk, stripping all the leaf blade bare, thus leaving the lawn brown and thin looking. The lawn will take a long time to recover, and areas might need replacing if it dies right back. The lawn becomes very thin, with no cover to protect the exposed soil, it then dries out and weeds come in, as well the soil starts to repel water as it dries right out in the hot weather.

2. WASP ACTIVITY

If Army Worm are attacking your lawn, you will notice large orange wasps start to hover around your turf. They are looking for the Army Worm & Army Worm Pupa to lay their egg's in.

3. MOTH ACTIVITY

When Army Worm mature they turn into moths, these moths then lay eggs in your turf, under your gutters and in every corner of your property, starting the life cycle starts all over again. If you see lots of moths hovering above your lawn it's likely you have had or will have lawn grubs soon.

4. INCREASED BIRD ACTIVITY ON YOUR LAWN

If birds are pecking at your lawn a lot more lately, it's likely there's some juicy grubs in your turf that they're snacking on.

JUST A NICE QUALITY LAWN

Designed to improve and maintain new and existing lawn areas resulting in greener, healthier lawns, our programmed services include:

- Regular liquid fertilising for thicker greener lawns
- Liquid organics for healthier soils
- Broadleaf, Nutgrass and Grass Weed Control
- Soil-wetters & moisture retainers to reduce watering & increase drought tolerance
- Grub & pest control to eliminate lawn attack & damage



**We offer you -
A Free onsite Lawn Inspection,
Advice & Quotation service**

FREECALL 1800 245 955 • www.coochie.com.au



SANDGATE AUTHOR TURNING LITERARY DREAMS INTO REALITY

STORY **ALYSSA MACKAY**
PHOTO **BRUCE REDMAN**

Sandgate resident and author Lee Phethean is offering the local literary community a chance to begin fresh chapters in their writing endeavours.

After successfully self-publishing his own series of children's books, Lee is now eager to help other aspiring authors and illustrators achieve their dreams of becoming published.

His new self-publishing business, Kangaroo Publishing, will provide a comprehensive service that allows authors to bring their stories to life.

"When I sell my books at local markets or do book readings and signings at local events, I am always surprised by the amount of people that come up to me and say that they have written a book but don't know what to do next, or that they have ideas on writing books but are not confident in getting published," Lee said.

"Rather than getting knocked back for years by traditional publishers, they have the opportunity to send me the manuscript and I will take care of proofreading, arranging illustrations, formatting, printing and delivery to their door – all with the author's input and control."

Lee's self-publishing journey began with the first in his series of three books: *The Koala That Couldn't Sleep*, *The Kangaroo That Couldn't Jump* and *The Possums That Could Fly*. Inspired

by a sleepless night with his one-year-old son, Harris, Lee penned a poem about a koala struggling to sleep. Encouraged by the positive response from friends and family, he decided to transform his poem into a book.

Despite sending his manuscript to a few traditional publishers, Lee received no response. Undeterred, he took matters into his own hands and self-published his work.

"I am a believer that anything is possible, it just needs to be broken down into steps," he said.

"Self-publishing is a process which I thoroughly enjoyed and certainly learnt a lot from after self-publishing my first book. When it came to writing and releasing my second and third, it was a process that I had streamlined and felt that it was a service I could offer other people."

While Lee takes care of the technical aspects of publishing, he said the authors would still need to take responsibility for marketing, distribution and selling their published works.

Contact Lee via his website at www.leephethean.com.au

CONVEY YOUR WAY

Fixed-fee conveyancing services
for North Brisbane and beyond.

We help make people's property
dreams come true.

07 3521 9000 | conveyyourway.com



The Brisbane North Retirement Village & Resort Expo

Sun 22nd & Mon 23rd October 2023
Kedron-Wavell Services Club
(21 Kittyhawk Drive, Chermside QLD)
10am-3pm daily | Free Admission

Don't
miss this life
changing
event!

On display will be the latest resort style developments
as well as established villages, all offering a wide
range of services & facilities, sizes, prices and
locations, all under one roof.

retirementexpo.com.au

Seniors & Students come together to Celebrate Connection

STORY **ALYSSA MACKAY**

Queensland Seniors Month aims to increase the social connectedness of communities, with events taking place that focus on strengthening intergenerational bonds.

In line with this theme, Bracken Ridge Plaza is hosting a special morning tea at Rockpool Carseldine Aged Care this month. The event will be attended by the students from Norris Road State School, Hon Luke Howarth MP and Bracken Ridge Ward Councillor Sandy Landers.

"Seniors month is a time for us all to celebrate the contributions of seniors to their family, friends and the community, and to connect

through activities such as the morning tea being held at Rockpool Aged Care – one which I am eagerly looking forward to attending on Tuesday, 3 October," Cr Landers said.

During the event, the students will present personalised cards to the seniors in attendance. This project made a significant impact at last year's morning tea, with one resident expressing their gratitude for the card and saying it was the only card they had received in years.

Bracken Ridge Plaza is further celebrating Seniors Month with a 12-metre mural on their community wall within the shopping centre. The mural features photographs of local seniors, each sharing their unique and personal 'words of wisdom'.

For more information follow Bracken Ridge Plaza on Facebook or go to www.brackenridgeplaza.com.au

Local School Infrastructure Projects Update

It's an exciting time for the Sandgate Electorate, with various major school infrastructure projects well underway across the community.



WITH **STIRLING HINCHLIFFE MP**

The students and staff at Bracken Ridge State High School are excited to put their brand-new multi-functional learning centre to use when it's handed over in term 4.

The finishing touches are being put on this fantastic facility with external cladding and joinery being installed, multi-purpose courts being painted, and the

grounds being prepped for landscaping.

Having dedicated music, instrumental music, media and drama/dance rooms will be luxuries that both Bracken Ridge State High and Sandgate District State High Schools have in the near future.

Sandgate District State High's Performing Arts Centre is ticking along well, with the concrete having been already laid for the first floor of this state-of-the-art two-storey facility. This space will enhance the experience of visual arts, music, dance, drama and multi-media students while also

being an asset for use by the broader community.

Moreover, the establishment of additional car parks, other building renovations and the installation of new multi-purpose courts will be completed as this project progresses.

Down the road, Taigum State School's two-storey building, fitted with six learning spaces and an administration, is coming along nicely while Norris Road State School is the beneficiary of a car park resurfacing including new asphalt, new access pathways and a new bin enclosure.

Member for Sandgate, Stirling Hinchliffe MP, says he's delighted to see this investment in the community.

"It's fantastic to see the Palaszczuk Government's major investment in education coming into fruition in real time within our local community," said Mr Hinchliffe.

"These are resources that are going to benefit current students, future students and the broader community. I'm advised both staff and students from these schools are thrilled to get their hands on these terrific new facilities upon their completion."

Seafood Town Cafe

**A Great Place to enjoy Great Seafood With a Beer
or a Wine and a view over Bramble Bay**

Fresh and Cooked Seafood • Dine In or Take Away • Licenced

Trading Hours - Open 7 days 11am - 7pm



Gary and Vanessa

14 Oxley Ave Woody Point

Phone 31422057





DOGS TAKE CENTRE STAGE AT BARKTOBERFEST

STORY **ALYSSA MACKAY**

Calling all dog lovers! Gather your furry friends and join the paw-some celebration at the seventh annual Barktoberfest, hosted by Carseldine Markets this month.

The dog-centric event promises a jam-packed program that will have tails wagging with joy, including flyball demonstrations presented by the Pine Rivers Dog Training Club.

According to the club's secretary Debby Lamprecht, flyball encompasses all the things that dogs love to do – jumping, catching, retrieving, competing and striving to please their owners.

"Flyball is a relay race between two teams of four dogs," Debby said. "Racing side by side, one dog from each team must go over four hurdles, trigger a flyball box pedal, catch (retrieve) a ball and then return over all four hurdles to the start/finish line where the next dog eagerly awaits.

"Besides being great for dogs, flyball is a lot of fun for people too. The teamwork aspects bring people together as they strive to improve their team's performance.

"The best part of all is just having fun with your dog, and seeing the look of excitement on your dog's face at the start of a day of racing, and the look of content at the end of the day."

Barktoberfest also offers a range of other exciting activities and attractions.

For those with fashion-forward pups, the Strike-

a-Paws Dog Parade will showcase the best in four-legged fashion on the canine catwalk. If your pup loves the spotlight, don't forget to enter your pooch into the Pawparazzi Photo Competition in categories including Prettiest Puppy, Best Action Shot and Stunning Seniors.

Attendees can learn about training a deaf dog from the professionals at Hear No Evil - Australian Deaf Dog Rescue.

Animal Welfare League Queensland will be hosting a Royal Pooch Hydration Station, while their Bad Pet Portraiture stall offers hilarious portraits of your furry friends. Dog owners can learn about their rescue and adoption services while their pooches play in the doggo pools.

There will also be animal-focused market stalls, arts and crafts, competitions and prizes, live music, kids' entertainment, and a variety of gourmet eats for both pets and people. The event is free to enter and parking is available on site.

To register for free tickets and go into the draw to win a lucky door hamper go to [/bit.ly/barktoberfest2023](https://bit.ly/barktoberfest2023)

For the event schedule and entry forms for the Pawparazzi Photo Competition and Strike-a-Paws Fashion Parade, find Carseldine Markets on Facebook.

Barktoberfest 2023

Saturday 14 October, 6am-12pm

Carseldine Markets

133 Dorville Road, Carseldine.



Get a trade qualification while finishing high school.

If you know what you want in life, why hold yourself back?

Imagine getting a head start on your career and graduating senior secondary school. At the Australian Trade College North Brisbane, we combine two days of practical hands-on training in the trade of your choice with three days of classroom learning across Year 11 and 12 to prepare you for your future career.

Our courses include:

Automotive / Commercial Cookery / Construction
Information Technology / Cabinet Making / Electrotechnology
Hairdressing / Barbering / Metal Engineering / Plumbing
Health Services / Early Years Education

30 Years is a long time.....uncomplicated ways to pay off your mortgage quicker

Ask anyone with a Home Loan, "What is your main financial goal?" and the answer would be, "To pay off my Home Loan". It's every Aussie's dream to buy their own home and to eventually pay off the mortgage.



WITH **MARK SINCLAIR**

So why is it so difficult? Too confusing? Life gets in the way? Get into a 'set and forget' mentality?

Here's some simple strategies to pay off your Home Loan sooner:

- Pay more frequently. If you divide your monthly repayment by 4 and pay weekly, you will have 4 extra payments per year shaving 4-5 years off your loan.
- If you took the time to examine your current Home Loan and talk to an expert, how much could you save?
- Make extra payments. Any extra payments made on your Home Loan pay directly off your principal amount, reducing your loan term.
- Get serious and add every saving opportunity to the weekly Home Loan repayment.

Let's imagine your current loan for \$400,000 is at a variable interest rate of 6.39%, with monthly repayments of \$2499:

- Refinance your Home Loan from 6.39% to 5.89%, saving \$32/week
- Change from monthly to weekly repayments of \$593
- Work through your household budget and find \$40/week
- Set up the new weekly repayments of \$633
- Utilise your offset accounts and redraw facilities to reduce interest.

Just from making these modest adjustments, your home loan term can be paid off in 21 years and you have reduced the interest paid by \$153,000.

20/20 Finance Brokers, 0429502701



HEALTH BY DESIGN CO

Sommer Watts ND

0432 617 531
sommerwatts@hotmail.com
www.healthbydesignco.com.au

Naturopath, Nutritionist, Herbalist

Treating Pain & Inflammation | Gut Health | Anxiety
Auto-Immune | Viral Support



SANDGATE PODIATRY

• Next day orthotics • General nail and skin care
• Diabetic foot care

3269 4273 | 14b Fifth Avenue, Sandgate
www.sandgatepodiatry.com.au



SECURITY • SAFETY • SUPPORT
in your home.

- Specialists in Home Maintenance and Modifications
- We can assist seniors and those with a disability living in their own homes
- A trusted community Organisation since 1993 & funded by State and Federal Government
- No joining fees

Contact us on **07 3869 1000**
to discuss your eligibility and needs

e: admin@homeassistservices.com.au
w: homeassistservices.com.au
Office: 58 Rainbow Street Sandgate Q 4017

Office Opening Hours
8.00 am – 4.00 pm
Monday to Friday

BRISBANE COMPUTER SOLUTIONS

*Servicing businesses & clients,
at our NEW SECURITY OPERATION CENTRE ...*

BY APPOINTMENT ONLY or **WE CAN COME TO YOU**

- New IT equipment
- Workshop and onsite setup of hardware and software
- Cloud services (365, G-Suite, normal business software)
- Data recovery
- Ransomware, crypto, data loss prevention
- Anti theft protection for data

**WE ARE BRISBANE's BEST CYBER
SECURITY PROTECTION PROVIDER**

Our motto is:

**COMPUTERS THAT WORK
SERVICE THAT'S REAL,
PEOPLE WHO CARE**

BRISBANE COMPUTER SOLUTIONS

PHONE 3122 3303

Sales@brisbanecomputersolutions.com.au



BRISBANE SENIORS ONLINE

Are YOU a SENIOR or OVER 50 and NOT COMPUTER CONFIDENT? WE CAN HELP YOU!!!

Brisbane Seniors Online can provide one on one home lessons on your device at a pace that suits you. **Learn the things you need to know and want to know.**

An affordable once only joining fee of \$20 plus \$45 for a yearly membership gives as a guide around 12 hours of home lessons and ongoing support for the balance of the membership year. Tuition is provided by empathetic volunteer male or female volunteer mentors who are around your own age.

We teach Apple, Windows, Android and smart phones.



To find out more, contact our office on....

07 3393 2225 or visit **www.bsol.asn.au**

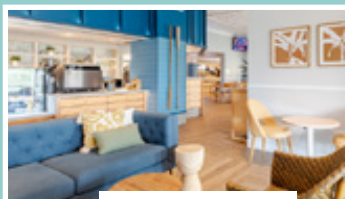


facebook.com/BrisbaneSeniorsOnline

breakfast *by the bay*



BREAKFAST OVERLOOKING THE BAY
Friday-Sunday | 7am-10:30am



the **full moon**
HOTEL ON BRAMBLE BAY

coffee brewing daily

MONDAY - THURSDAY | 9AM - LATE
FRIDAY - SUNDAY | 7AM - LATE

view our breakfast
menu here



118 Eagle Terrace Sandgate

ph: 3869 0544

www.fullmoonhotel.com.au



FINE ART SUPPLIES & CUSTOM PICTURE FRAMING
SERVING THE LOCAL ART COMMUNITY FOR 25 YEARS

WE'RE OPEN
WEEKDAYS 9 - 5
SATURDAY 9 - 1

☎ (07) 3869 2444 📠 0401 980 186
✉ ENQUIRIES@ARTHOUSENORTHSIDE.COM.AU
📍 SHOP 3, 140 BRAUN STREET, DEAGON, 4017

📱 📷 WWW.ARTHOUSENORTHSIDE.COM.AU

New Tech Learners needed

Brisbane Seniors Online (BSOL) are currently looking for new learners who need assistance with technology. The not-for-profit community group has been operating in the Sandgate and surrounding areas for more than 20 years and currently has a shortage of learners within the North Hub.

BSOL is a team of empathetic male and female volunteers who provide home computer tuition to seniors and those aged over fifty. Learners are taught to use devices such as desktop computers, laptops, Apple devices, Android and smartphones, how to use the internet safely and how to become confident using emerging technology.

With the closure of bank branches and shopfronts, there is a greater need to perform financial and other transactions online. Government bodies including Medicare and Centrelink are also discouraging clients from visiting branches or contacting them by phone. With the proliferation of scams, identity theft and fraud, vulnerable seniors often require

assistance to identify these and minimise risk. Losses from scams have reached record levels, with data from the Australian Competition and Consumer Commission (ACCC) showing Australians lost \$3.1 billion in 2022 – up 80 per cent in 2021.

Learners with family and friends spread across Australia and other parts of the world can also be shown how to use email, social media and video communication to stay in touch, chat online and exchange photographs. Other advantages of having up-to-date technological skills include being able to research things online, make travel arrangements and accommodation bookings, catch up on missed TV programs and stream movies.

BSOL offers home visits for a very affordable annual fee. While computer classes have benefits, one-on-one home tuition is more conducive to faster, more confident learning. Tuition provides learners with the information they need at a pace that suits them while using their own equipment.

For more information, contact Brisbane Seniors Online on 3393 2225, visit www.bsol.asn.au and go to Facebook.com/BrisbaneSeniorsOnline

THURSDAY DELIVERY
FOR ORDERS OVER \$90, OR \$65 VIA MEAT CLUB

LOCAL & ORGANIC

With Queensland's
largest selection of
certified organic,
free range and pasture
raised meats.

BEEF, LAMB, POULTRY, PORK,
ORGANIC/GLUTEN &
PRESERVATIVE FREE SAUSAGES,
PET FOOD & LOTS MORE

**WANT
5% OFF?**

Join our Meat Club

See website
for details

Call us on **5445 2912** or visit
www.sunshinecoastorganicmeats.com.au

 **sunshine coast**
Organic Meats



4017 Comes together for a Day of Health and Wellbeing

STORY **ALYSSA MACKAY**

Community organisation **SANDBAG Inc** has joined forces with **Ostelin**, made locally by **Sanofi Consumer Healthcare**, to host a **Health and Wellbeing Day** this month.

In line with Ostelin's purpose to celebrate women's strength, and help women and their families stay strong amid the cost of living crisis, the Health and Wellbeing Day will focus on supporting the physical and mental health needs of the community and providing access to essential resources and services.

Kym de Thierry, SANDBAG Team Leader for Neighbourhood Centre Programs/DFV Counselling Services, highlighted the alignment of values between Ostelin and SANDBAG Inc, with both organisations

placing empowerment of women at the heart of their cultures.

"SANDBAG Inc offers safe spaces for people to feel heard, valued and respected," Kym said. "Embracing new ways of thinking, which is integral to innovation and helps us all to better understand, connect and meet the physical and mental health and wellbeing needs of our communities."

The Health and Wellbeing Day also gives Sanofi employees the opportunity to volunteer within the local community. The event will feature information stalls, music, and a range of health and wellness activities such as arts, crafts, and self-care. There will be clothing, pantry items and grocery hampers on offer, and a barbecue lunch will be provided.

For more information contact Kym at SANDBAG Inc on 3869 3244.

SANDBAG Inc – Health and Wellbeing Day
Friday, 13 October, 10am-2pm
Sandgate Community Centre
153 Rainbow Street, Sandgate.

FOA Finalist creates conversations

STORY **PANAYIOTA**

BIO - bipolar IN order, (BIO) a documentary by **Pete Vance**, elected **Finalist at the Focus On Ability™ Short Film Festival 2023 (FOA)**.

"My hope is that my personal BIO - bipolar IN order story will help share a positive vibe about good mental health through my arts music journey," said Vance.

Vance's film is his journey about discovering his bipolar disorder. What's most inspiring is that he knowingly or not, used his love of music to adjust to his circumstances.

This, coupled with a series of fortuitous events that followed, guided him to understand that he is so much more than bipolar.

"At Toastmasters, I discovered structure that helped me communicate my story through song. Through Access Arts Qld, I wrote my first song," said Vance. "This opened a new world for me."

"I've learned to live every moment by remembering to 'Accept - Trust - Enjoy'" said Vance.

This motto can help others dealing with disability. "I had to Accept who I am. I had to then learn to Trust others. And to Enjoy my life," said Vance.

So, when FOA came knocking, Vance took a chance "to create much needed conversation."

BIO screened in Brisbane on 12 September. The awards ceremony is in Sydney, November 5, a month before International Day of People with Disability

Vance's short: www.focusonability.com.au/FOA/films/3191.html



**14-15 & 21-22
OCTOBER 2023**



4017 BAYSIDE OPEN STUDIOS

Proudly presented by



**PAINTING | TEXTILES | POTTERY | DRAWING | BASKETRY | SCULPTURE
PRINTMAKING | PHOTOGRAPHY | MIXED MEDIA | WOOD CARVING**



Geebung RSL CEO Greg Hurley

FROM 'THE HOLE IN THE WALL' TO A COMMUNITY ICON

STORY **ALYSSA MACKAY**
PHOTO **JOHN PIRES PHOTOGRAPHY**

Geebung RSL is celebrating a momentous occasion, reaching 100 years of service and dedication to veterans and the local community.

The RSL has planned a series of special events this month to commemorate its centenary, including a celebration dinner, the Geebung Street Party, and the Annual Sports Lunch Fundraiser.

Geebung RSL CEO Greg Hurley said the club was immensely proud of its milestone.

"Back in 1923 the local Gerns family donated the land and funds for a memorial hall to be built," Greg said. "The hall was built by volunteers and used by the RSL members and community groups for meetings while a

memorial to those who served and died in service during the First World War. The hall was affectionately known as 'The Hole in the Wall' and 'The Green Shed' and had many uses over the years, including a dance hall, movie theatre, baby clinic and scout hall."

In 1983, the club underwent significant changes with the opening of a new clubhouse. Since then, the RSL has expanded its facilities, including the introduction of poker machines in 1992 and extensions to two levels in 1993. The club now boasts a social membership of more than 17,000 and supports approximately 250 service members through its RSL Sub-Branch.

"Geebung RSL has always been a club that people have been drawn to - with idyllic village-like location and local community, which typifies the Geebung RSL mantra 'Your Friendly Local Club'," Greg said.

Renovations are currently underway at the RSL with an upgrade that includes a new multi-purpose sports bar and function room called The HUB Sports Lounge, a contemporary dining venue named The Cove Kitchen and Bar, a dedicated RSL Veterans Welfare Office, and the creation of a new Remembrance Garden in the external areas of the club.

Greg said he was looking forward to completing the renovations by the end of the year and launching the new facilities.

"The club will continue on a path of continuous improvement and look to refresh and upgrade facilities as part of an ongoing strategic plan, while continuing to support our veteran community, our members and the greater local community," he said.

For more information follow Geebung RSL on Facebook or visit geebungrsl.com.au

Geebung RSL Past Building



Mark

THE CELEBRANT

Hi, I'm Mark. I specialise in crafting unique, eventful, and truly special ceremonies. My goal is to ensure that you won't have to worry or think about a single thing. You can just relax and cherish the experiences with those you love.



Celebrant Services

- Weddings
- Coffee Table Weddings
- Naming Ceremonies
- Funeral Services
- Vow Renewals
- Master of Ceremonies (MC)

Locations

- Brisbane
- Moreton Bay
- Gold Coast
- Redlands
- Byron Bay & Yamba
- Coffs Harbour

Let's chat more!



markthecelebrant.com.au



mfc@markthecelebrant.com.au



0412 185 389



@markthecelebrantau

Yoga 4 Life Studio offers a variety of Yoga and Pilates classes.

We have a lot of passionate teachers using our space and offer a wide range of class times. We also hold regular weekend workshops.

We offer a warm, welcoming, supportive, and nurturing space for you to practice.



CHECK OUT WHAT'S ON THIS OCTOBER

WE'RE SERVING UP SAVINGS FOR OUR MEMBERS WITH OUR

DINNER DEALS

AVAILABLE FROM 5PM, ALL WEEK LONG!

OFFER
EXTENDED
FOR OCT!

SUN

\$15* Sunday Roast

MEMBERS



MON

\$15* Fish & Chips

MEMBERS



TUE

\$15* Burger

MEMBERS



WED

\$15* Classic Pizza

MEMBERS



\$25* Combo Classic pizza, garlic bread & a beer or wine.*

THU

15% OFF your total bill!^

Members simply order between 5 - 6pm on Thursday to receive 15% off your bill!

* T&Cs apply. Not available with any other offers. Available for a limited time only.

MON-WED

Kids eat FREE, Mon to Wed!^

Members simply order between 5 - 6pm Mon to Wed. Bookings essential!

* T&Cs apply. Applies to children 12 and under only. One free child per paying adult. Not available with any other offer.



YOUR COMMUNITY
CLUB



THE
SANDS
SOCIAL

*Available from 5pm. T&Cs apply. Member's price shown. Limited time only. *Schooner of beer of the month or glass of wine of the month.

\$30,000 WHEELS OF FORTUNE



WIN A 2023 MG3! VALUED AT \$20,490

MAJOR PRIZE DRAW 10 DECEMBER 2023!

**FROM 1 OCTOBER - 3 DECEMBER THERE'S UP TO
\$1,500 IN PRIZES TO BE WON EVERY SUNDAY WITH**

SPIN THE WHEEL DRAWS EVERY HOUR, 1PM - 5PM

EARN ENTRIES BY SWIPING AT THE KIOSK AND WITH EVERY \$5 FOOD & BEVERAGE SPEND.

\$100 GAMING DRAWS EVERY HOUR, 1:30PM - 5:30PM

EARN ENTRIES WITH EVERY \$5 TURNOVER IN GAMING.

The Sands Social and Kedron-Wavell members only promotion. Terms and conditions apply. Activate entries in the hour prior to a draw by swiping your members card to be eligible to win. Must be present to win. Gambling can be harmful to some people. Only gamble what you can afford to lose. Contact Gambling Helpline on 1800 858 858 or visit www.gamblinghelponline.org.au for free, confidential support.

OPEN FROM 10AM TILL MIDNIGHT, 7 DAYS A WEEK | EASY PARKING
75 GAMING MACHINES, KENO + TAB | DINING | SPORTS BAR

50 KEOGH ST, SANDGATE | (07) 3609 2001

  TheSandsSocial

Local DINING GUIDE



**Lower Moora Park,
Moora Park, Shorncliffe**
Artisan Coffee & Gelato Bar
0450 771 884

COCOA BISCOTTI

Feature: Cocoa Biscotti is a vintage artisan coffee and gelato bar located at the historic Shorncliffe Pier. We serve exclusive di Manfredi coffee and Maleny gelato alongside a selection of pastries, biscotti and sandwiches.

Follow us on fb Cocoa Biscotti Coffee & Gelato
insta_cocoa_biscotti_for more info.



2 Queens Parade, Brighton
Wine Bar
0416 689 465

ECLECTEA

Feature: Expect the unexpected: everything has a story. Fresh seasonal menu, small wineries and craft breweries. Cosy, bayside atmosphere.

Opening Hours: Thurs 3-7pm, Fri - 3-9pm,
Sat/Sun 1-9pm



**196 Flinders Pde, Sandgate
(opposite pool)**
Seafood, Burgers & Beers
3269 6903

FLINDERS SEAFOOD & BAR

Feature: Fish on Flinders is under new management and has been rebranded. Now Flinders Seafood & Bar, come down and try out Sandgate's newest hotspot for fresh seafood, yummy burgers, barista made coffee and ice cold beers, wines and spirits.



8 Queens Parade, Brighton
Coffee Shop
0430 753 768

MOMENT BISCUITS

Feature: Moment Biscuits is a small, European-style boutique biscuit shop, a short walk from the Brighton foreshore. Pop in 7 DAYS A WEEK from 5:30am to 11:30am for freshly baked treats, artisan bread and (almond) croissants, loose leaf tea, milkshakes, iced drinks and smooth Italian coffee. Follow us on Facebook and Instagram for the latest promotions.





1 Loudon Street, Sandgate
(across from the town hall)

Breakfast, Lunch and Coffee
3269 1629

MYRTLE & BLOSSOM

Feature: Discover Sandgate's inspired new approach to casual eating. We're here to share the joy of real food and fresh local creations. Think deliciousness, delight and sustainability.

Open: Tuesday to Sunday
7.30am - 2.30pm



154 Barrett St, Bracken Ridge
Bracken Ridge Tavern

Steak & Rib House
3269 7011

PANAMA JACK'S STEAK & RIB HOUSE

Feature: Panama Jack's Steak & Rib House at The Bracken Ridge Tavern has a variety of meals to suit all tastes including our signature ribs and Nolan's Private Selection steaks from the grill.

Open 7 days from 11:30am until late.
www.thebrt.com



Preece's

6 Park Parade, Shorncliffe

**Modern Australian
& Mediterranean**

0447 265 852

PREECE'S ON THE PARK

Feature: We are a family owned café open from 5:30am to 2:30pm Monday to Friday and 5:30am to 3:00pm Saturday and Sunday.

Serving fresh Merlo coffee all day with all home made treats, a massive selection of gluten free cakes too. And not to forget, we have the BEST vanilla slice.



Sinbad St, Shorncliffe

Bar Restaurant Functions
3269 4588

QUEENSLAND CRUISING YACHT CLUB

Feature: Sandgate's best kept secret right on the water. Fully licenced bar and restaurant. Modern Australian cuisine, extensive wine list and great coffee. Check out our website for opening times, events and function options. www.qcyc.com.au
All public very welcome!



Local DINING GUIDE



1 Bowser Parade, Sandgate

Modern Australian

1800 244 882

SANDGATE POST OFFICE HOTEL

Feature: Originally built in 1887 as the third post office in Queensland, the iconic Sandgate Post Office has a new lease on life. Stylish and quintessentially Sandgate, it is a destination venue with an elegant gastro-pub restaurant 'The Dining Room', a vibrant Main Bar, a whiskey vault and alfresco dining. Five function spaces. Live music every weekend.
11am - late, Sun - Thurs and 10am - late, Fri - Sat



50 Keogh Street, Sandgate

Casual Dining

3609 2001

THE SANDS SOCIAL RESTAURANT & CAFE

Feature: Looking for lunch or dinner with family and friends? Visit the newest restaurant in Sandgate, located at The Sands Social. Enjoy classic club style food as well as freshly made pastas and pizzas. Café is open all day from 10am. Members discounts available. Bookings are recommended.



227 Rainbow St, Sandgate

Café

0413 940 277

THE WITCHIN' KITCHEN

Feature: Welcome to The Witchin' Kitchen. Owned and run by two local sisters, one an experienced chef, the other a final-year Naturopathy student. Our food is a celebration of delicious and nourishing wholefoods, that are seasonally and ethically sourced and carefully crafted into dishes to delight.
Wednesday - Sunday, 7am - 1:30pm, closed Mondays and Tuesdays.



ADVERTISE YOUR CAFÉ OR RESTAURANT

FROM \$90+GST | PHONE: 07 3518 0828



OCTOBER What's On.

01 SUNDAY

🎵 **HIGH TEA IN THE TELEGRAPH ROOM**
Sandgate Post Office Hotel 2:30pm

🎵 **SUNDAY JAZZ WITH MATT ALLAN TRIO**
Sandgate Post Office Hotel 2:30pm

03 TUESDAY

🎵 **NPL POKER**
The Brighton Hotel 11am

🎵 **TRIVIA TUESDAYS 2023**
The Sands Social 7pm

🎵 **OKTOBERFEST TRIVIA @ THE BRIGHTON**
The Brighton Hotel 7pm

04 WEDNESDAY

🎵 **POKER AT THE BRIGHTON**
The Brighton Hotel 11am

🎵 **WEDNESDAY TRIVIA AT THE POSTIE**
Sandgate Post Office Hotel 6:30pm

05 THURSDAY

🎵 **CATHY DRUMMOND AT SANDS SOCIAL**
The Sands Social 11:30am

06 FRIDAY

🎵 **LIVE MUSIC WITH BIG LOVE BLUES BAND**
Sandgate Post Office Hotel 5:30pm



🎵 **ITALIAN WINE MASTERCLASS**
Sandgate Post Office Hotel 6:30pm

🎵 **STEVENSON STREET AT SANDS SOCIAL**
The Sands Social 8pm

🎵 **OKTOBERFEST KARAOKE**
The Brighton Hotel 8pm

07 SATURDAY

🎵 **OKTOBERFEST COMES TO THE POSTIE**
Sandgate Post Office Hotel 10am

🎵 **SANDGATE GAMES MEETUP GROUP**
Sandgate Post Office Hotel 2pm

★ **FROG FRIENDLY GARDENING**
Sandgate Scout Hall 4:30pm

🎵 **LIVE MUSIC WITH ELECTRO SWIGGERTY**
Sandgate Post Office Hotel 5:30pm

★ **THE YEARLINGS**
Sandgate Town Hall 7:30pm

08 SUNDAY

🎵 **OKTOBERFEST COMES TO THE POSTIE**
Sandgate Post Office Hotel 10am

🎵 **BRETT WHITMORE AT THE SANDS SOCIAL**
The Sands Social 1:30pm

🎵 **SNEAKY SCHNITZEL AT THE POSTIE**
Sandgate Post Office Hotel 2pm

10 TUESDAY

🎵 **NPL POKER**
The Brighton Hotel 11am

🎵 **TRIVIA NIGHT**
The Brighton Hotel 7pm

🎵 **TRIVIA TUESDAYS 2023**

The Sands Social 7pm

11 WEDNESDAY

🎵 **POKER AT THE BRIGHTON**

The Brighton Hotel 11am

🎵 **WEDNESDAY TRIVIA AT THE POSTIE**

Sandgate Post Office Hotel 6:30pm

12 THURSDAY

🎵 **DAVE CLAYTON AT SANDS SOCIAL**

The Sands Social 11:30am

13 FRIDAY



🎵 **LIVE MUSIC WITH PATTIERNEY**

Sandgate Post Office Hotel 5:30pm

🎵 **KARAOKE @ THE BRIGHTON**

The Brighton Hotel 8pm

🎵 **BRAD WILD DUO AT THE SANDS SOCIAL**

The Sands Social 8pm

14 SATURDAY

★ **4017 BAYSIDE OPEN STUDIOS**

Various locations, 4017 suburbs 10am

🎵 **LIVE MUSIC WITH RUSTBUCKET BLUES**

Sandgate Post Office Hotel 5:30pm

🎵 **TRACY VAUGHAN DUO AT THE SANDS**

The Sands Social 8pm

15 SUNDAY

★ **4017 BAYSIDE OPEN STUDIOS**

Various locations, 4017 suburbs 10am

🎵 **LUKE JEREMIAH AT THE SANDS SOCIAL**

The Sands Social 1:30pm

🎵 **SUNDAY JAZZ WITH ROBYN BROWN TRIO**

Sandgate Post Office Hotel 2:30pm

17 TUESDAY

🎵 **NPL POKER**

The Brighton Hotel 11am

🎵 **TRIVIA NIGHT**

The Brighton Hotel 7pm

🎵 **TRIVIA TUESDAYS 2023**

The Sands Social 7pm

18 WEDNESDAY

🎵 **POKER AT THE BRIGHTON**

The Brighton Hotel 11am

🎵 **WEDNESDAY TRIVIA AT THE POSTIE**

Sandgate Post Office Hotel 6:30pm

19 THURSDAY

🎵 **TRACY VAUGHAN AT SANDS SOCIAL**

The Sands Social 11:30am

20 FRIDAY



🎵 **LIVE MUSIC WITH JOSH AND KENZIE**

Sandgate Post Office Hotel 5:30pm

🎵 **POCO LOCO DUO AT THE SANDS SOCIAL**

The Sands Social 8pm

🎵 **KARAOKE @ THE BRIGHTON**

The Brighton Hotel 8pm

21 SATURDAY

★ **4017 BAYSIDE OPEN STUDIOS**

Various locations, 4017 suburbs 10am

🎵 **LIVE MUSIC WITH ELECTRO SWIGGERTY**

Sandgate Post Office Hotel 5:30pm

🎵 **KLUSTERFUNK AT SANDS SOCIAL**

The Sands Social 8pm

22 SUNDAY

★ **4017 BAYSIDE OPEN STUDIOS**

Various locations, 4017 suburbs 10am

🎵 **CANDICE LONG**

The Sands Social 1:30pm

🎵 **SUNDAY JAZZ WITH GYPSY JAZZ**

Sandgate Post Office Hotel 2:30pm

24 TUESDAY

🎵 **NPL POKER**

The Brighton Hotel 11am

🎵 **TRIVIA NIGHT**

The Brighton Hotel 7pm

🎵 **TRIVIA TUESDAYS 2023**

The Sands Social 7pm

25 WEDNESDAY

🎵 **POKER AT THE BRIGHTON**

The Brighton Hotel 11am

🎵 **WEDNESDAY TRIVIA AT THE POSTIE**

Sandgate Post Office Hotel 6:30pm

26 THURSDAY

🎵 **MARCO AT SANDS SOCIAL**

The Sands Social 11:30am

27 FRIDAY



🎵 **MUSIC IN THE 90S**

Sandgate Post Office Hotel 5:30pm

🎵 **KARAOKE @ THE BRIGHTON**

The Brighton Hotel 8pm

🎵 **CASEY FOGG DUO AT SANDS SOCIAL**

The Sands Social 8pm

28 SATURDAY

🎵 **LIVE MUSIC WITH ALANA STONE**

Sandgate Post Office Hotel 5:30pm

🎵 **ME & JODIE LEE AT SANDS SOCIAL**

The Sands Social 8pm

29 SUNDAY

🎵 **BARELYWORN PRELOVED CLOTHING MARKET**

Sandgate Post Office Hotel 9am

🎵 **PREWORN MARKET AT THE POSTIE**

Sandgate Post Office Hotel 9am

🎵 **ALLAN CAMERON AT THE SANDS SOCIAL**

The Sands Social 1:30pm

🎵 **SUNDAY JAZZ WITH ROSS NIXON TRIO**

Sandgate Post Office Hotel 2:30pm

FULL MOON

Rise Time: 6:33pm



31 TUESDAY

🎵 **NPL POKER**

The Brighton Hotel 11am

🎵 **TRIVIA TUESDAYS 2023**

The Sands Social 7pm

🎵 **HALLOWEEN TRIVIA NIGHT**

The Brighton Hotel 7pm

**BUY
2 BOTTLES**
AND GO INTO THE DRAW
TO WIN

A VERY COOL RETRO
**MILKBAR
BIKE**

**DALZ
OTTO**
PROSECCO
PUCINO NV
\$19.99



(CELEBRATING SPRING!)



**Tatchilla White
Admiral Varieties**



**Little Yering
Pinot Noir & Rose**



**Grant Burge Pinot Gris
& Sauvignon Blanc**



**Marquis de Pennautier
Rosé & Sauvignon Blanc**

BUBBLES BONANZA!



Sangiovese & Barbera



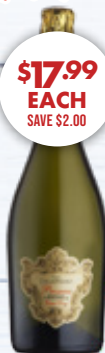
Pinot Grigio & Rosato



**Freixenet
Cordon Negro**



Oyster Bay Sparkling



**Calappiano
Prosecco**



Canti Prosecco



Aperol



GET IT ON
Google Play

Available on the
App Store



**1 HOUR
DELIVERY**

OR

**30 MINUTE
PICK UP**



Bottlemart

There's more in store™

SPRING SPIRITS

\$43.99
700ML
SAVE \$6.00



Skyy Vodka

\$59.99
700ML
SAVE \$5.00



Espolon Blanco Tequila

\$49.99
700ML
SAVE \$4.00



Bulldog London Dry Gin

\$59.99
700ML
SAVE \$6.00



Howler Head Bourbon

\$54.99
700ML
SAVE \$9.00



Sheep Dog Peanut Butter

BEERS (HEERS)

Glass House Tropical Pale Ale



\$19.99
4 PACK
\$64.99
16 PACK

\$21.99
4 PACK

\$69.99
16 PACK



Glass House West Coast IPA

Maisels Weisse Varieties*



3 FOR \$15
SINGLE \$6.00



3 FOR \$20
SINGLE \$8.00

Weihenstephaner Varieties*

\$48.99
10 PACK

Wild Turkey Original 10 packs



\$59.99
10 PACK

Wild Turkey 101 10 packs



\$41.99
10 PACK

Truly Seltzer Mixed 10 packs



(CHANCE TO WIN!)
1 OF 4 SKATEBOARDS



\$54.99
10 PACK

Jameson 6.3% 10 packs



NEW RELEASE!

BREWED WITH ELECTROLYTES

\$15.99
6 PACK
\$49.99
CARTON

Rider Lite Zero Carb Beer

ONLY available at these Bottlemart stores

BOTTELMART BOONDALL
SUE'S KORNER, SHOP 14
2128 SANDGATE RD, BOONDALL
PH (07) 3865 5103

BOTTELMART IBIS CENTRAL
WOOLWORTHS CENTRE SHOP
SHOP 4/8 LAGOON ST, SANDGATE
PH (07) 3269 8160

BOTTELMART FULL MOON HOTEL
118 EAGLE TERRACE, SHORNCLIFFE
PH (07) 3269 0083

BOTTELMART SANDGATE
SHOP 1, 51 BRIGHTON RD
SANDGATE
PH (07) 3269 0890

2022/23 Q&A BOTTLESHOP OF THE YEAR!



NEWLY RENOVATED!



Prices valid from 27th September 2023 to 31st October 2023. Terms & Conditions apply.
*Gifts with purchase and giveaways strictly while stocks last. Promotional price while stocks last We support the Responsible Service of Alcohol. It is against the law to sell or supply alcohol on behalf of the person under the age of 18.

Bottlemart

Drink Responsibly





UNVEILING THE SILENT STORIES

STORY **PATTIE TANCRED**

In the past, unless they were lost at sea or died far from civilisation, almost everyone's ultimate destination was a plot in a cemetery. With life dangerous and uncertain in early Queensland, cemeteries appeared immediately in the wake of settlement. Brisbane's oldest, in Skew Street, was established in 1825, in the penal colony's first year.

Somewhat younger, but no less historic, is Bald Hills (also known as Sandgate) Cemetery at Bracken Ridge, which officially opened in 1877, although records indicate burials there dating from 1869, the year the land was surveyed.

Cemeteries are good places to encounter well-known or famous people, although your interaction will necessarily be one-sided. Bald Hills Cemetery is the final resting place of many eminent former residents of the area now comprising the 4017 postcode. It bristles with familiar names, now mainly known to us as place and street names: Barfoot, Deagon, Southerden and many more.

Edward Southerden was instrumental in having Sandgate declared a town. When the municipality was established in 1880, he was unanimously elected as the first mayor. He was an enthusiastic advocate for the construction of the railway line to Sandgate and was interested in many other civic matters, not least the governance of Bald Hills Cemetery of which he was

a trustee and where he was buried after his death in 1906, joining his wife, Mary, who had predeceased him in 1900.

Another occupant of Bald Hills, William Barfoot, was the first headmaster of the Sandgate State School. The school, turning 150 this year, opened in September 1873 with classes, taught by Mr Barfoot, originally held in the first Baptist Church. Mr Barfoot was also a long-serving member of the council, and a magistrate. He died in 1927, aged 90, having been, according to the *Morning Bulletin*, only a few months before, "walking about Sandgate with almost the vigour of middle age".

Sandgate's second mayor, William Deagon, originally a farmer and later proprietor of the Sandgate Hotel, is also buried in Bald Hills cemetery. With his first wife, he rests under "a white marble monument...very chaste yet ornamental", erected "as a token of affectionate remembrance" by their children.

It is intriguing to think that these men, who knew each other in life, now lie close to each other in this historic cemetery which may – let us imagine – on a quiet night, host ghostly reminiscences or perhaps spectral council meetings.

With thanks to the Sandgate Historical Museum (opening hours: Sunday and Wednesday, 10am to 3pm; and special thanks to Ms Pam Verney). Photograph: Brisbane City Council BCC-C35-952095.23A]



Sandgate's Only Waterfront Cafe

M: **0477 609 479**

Hours:

Mon-Thu: 6am-3pm; **Fri:** 6am-5pm

Sat: 6am-5pm; **Sun:** 8am-5pm

The Bay Cafe

Located ocean side of the
Sandgate Aquatic Centre
231 Flinders Parade, SANDGATE

OCTOBER TIDE TIMES

TIME	M	TIME	M	TIME	M	TIME	M	TIME	M
1 0443 0.19 SU 1044 2.36 1703 0.35 2252 2.20		7 0319 1.32 0846 0.82 SA 1600 1.96 2323 0.85		13 0242 0.42 0838 2.04 FR 1446 0.49 2045 2.20		19 0537 0.44 1215 2.22 TH 1850 0.74		25 0042 0.44 0630 1.89 WE 1226 0.50 1845 2.37	
2 0515 0.23 1127 2.37 MO 1748 0.48 2330 1.99		8 0500 1.38 1021 0.85 SU 1714 1.98		14 0312 0.37 0912 2.13 SA 1526 0.48 2116 2.16		20 0013 1.63 0615 0.52 FR 1305 2.18 1951 0.80		26 0131 0.32 0723 2.07 TH 1329 0.42 1935 2.38	
3 0545 0.32 1209 2.32 TU 1835 0.63		9 0019 0.75 0604 1.52 MO 1141 0.78 1811 2.05		15 0341 0.34 0946 2.20 SU 1604 0.50 ● 2147 2.09		21 0111 1.52 0707 0.61 SA 1408 2.14 2113 0.81		27 0215 0.24 0811 2.24 FR 1424 0.37 2021 2.33	
4 0008 1.77 0616 0.43 WE 1254 2.23 1928 0.78		10 0101 0.65 0650 1.68 TU 1238 0.68 1858 2.12		16 0409 0.33 1021 2.25 MO 1643 0.53 2219 2.00		22 0234 1.46 0821 0.69 SU 1525 2.15 ● 2236 0.72		28 0254 0.20 0856 2.36 SA 1515 0.37 2103 2.23	
5 0050 1.56 0651 0.56 TH 1344 2.12 2034 0.88		11 0138 0.56 0729 1.82 WE 1325 0.59 1937 2.18		17 0438 0.34 1057 2.27 TU 1721 0.59 2253 1.89		23 0411 1.52 0951 0.69 MO 1642 2.21 2345 0.59		29 0330 0.19 0939 2.45 SU 1604 0.40 ○ 2145 2.09	
6 0145 1.40 0737 0.70 FR 1445 2.01 ● 2203 0.91		12 0211 0.48 0803 1.94 TH 1407 0.52 2012 2.20		18 0506 0.38 1134 2.26 WE 1802 0.67 2330 1.76		24 0529 1.69 1114 0.60 TU 1748 2.30		30 0403 0.21 1021 2.49 MO 1651 0.47 2224 1.94	
								31 0434 0.26 1101 2.47 TU 1736 0.56 2304 1.78	

FISH OF THE MONTH

Australian Native Aquarium Fish

Did you know that some of the world's most beautiful fish are swimming in your own backyard?

Few people realise that Australia has its own native aquarium fish. Rainbowfish, Pacific Blue-eyes, Gudgeons, and Hardyheads are some common native fish in the Brisbane area.

Many of the same native aquarium fish will have

a distinctively different colour pattern that is unique to each waterway.

Native fish species from your local area are also the best choice for your backyard frog ponds, water features and mosquito control.

Most of the fish found in Australian aquariums come from overseas. You're probably familiar with fish like angelfish, guppies, swordtails, platys, goldfish, tetras, and cichlids. These fish look great in an aquarium, but they don't belong in our creeks and rivers. Unfortunately, some people release these fish into our local creeks where they out-compete our local fish for food and even eat them or destroy nesting sites.

We need to maintain the condition of our creeks and rivers and prevent the release of feral fish into those waterways if our native fish species are to survive and thrive. If you need to get rid of fish in your aquarium the local aquarium shop will usually take them or you can contact me and I will find a suitable home.

"Pete's Fishing and Underwater Videos" on Youtube and Facebook

UPCOMING AUCTIONS & RECENT RESULTS



**SOLD UNDER
THE HAMMER
\$1,300,000**

64 Cotton St,
Shorncliffe 4017
(405m2)

3 1 2



**AUCTION
7TH OCTOBER**

23 & 25 East Ave,
Shorncliffe, 4017

3 1 1

4 4



**AUCTION
21ST OCTOBER**

30 Friday Street,
Shorncliffe, 4017
(455m2)

3 2 1



**AUCTION
18TH OCTOBER**

33 Kate Street,
Shorncliffe 4017
(599m2)

3 2 2

Ask us how to get the BEST price for your home!

To assist local owners, we are offering a free market appraisal for every home in the local area. You will discover the current value of your property and we will supply you with a personalised, detailed market report.

Scan the QR Code to book in your Free Property Appraisal in October.



ARBORICULTURAL SERVICES

Swann's



Storm Work
Stump Grinding
Tree Pruning
Tree Removals
Palm Cleaning
Real Estate Work
Qualified Arborist
Fully Insured
Family Owned & Operated
Obligation Free Quotes



e. swanfamilytrust@optusnet.com.au

p/f. 07 3869 0267 m. 0422 099 444

EVERYTHING BATHROOMS



3204 7525

FREE QUOTES!

WWW.DEGEEGROUP.COM

*"I would highly recommend these guys to anyone. They did a wonderful job of our new bathroom. Our tired, old, modest bathroom was transformed into a much more usable and vibrant bathroom. We absolutely love it!" -
Everything Bathrooms Client*



@degeegroup



@degeegroup



THE LOCAL 24 HOUR
ELECTRICIAN YOU CAN TRUST



Call Now

07 3150 6020

WWW.JKELECTRICALQLD.COM.AU

INFO@JKELECTRICALQLD.COM.AU



DAHUA SECURITY CAMERAS

- Crystal clear real time & recorded images
- TiOC (Three-in-one) can accurately identify potential risks and effectively warn off intruders
- Smartphone accessible



RING SAFETY DOOR BELLS

- Indoor/Outdoor camera with removable battery pack
- Two-Way talk and motion activated
- Night Vision
- Snapshot Capture
- Smartphone Accessible



AUSTRALIA'S BEST FOR 5 CONSECUTIVE YEARS

REVERSE CYCLE AIR CONDITIONERS

MITSUBISHI <i>Supplied and Installed INC GST</i>	DAIKIN CORA <i>Supplied and Installed INC GST</i>
2.5KW \$2085 INC GST	2.5KW \$2300 INC GST
3.5KW \$2255 INC GST	3.5KW \$2500 INC GST
5.0KW \$2570 INC GST	5.0KW \$2815 INC GST
7.1KW \$2885 INC GST	7.1KW \$3145 INC GST
8.0KW \$3355 INC GST	8.0KW \$3600 INC GST

We install customer supplied air
conditioners from \$975.00 INC GST

Free

ELECTRICAL SAFETY
INSPECTION INCLUDED WITH EVERY JOB

Includes **5 YEAR MANUFACTURER'S WARRANTY**
*** STANDARD INSTALL ONLY/CONDITIONS APPLY**



ACN 625 252 020
LICENCE NO. 85290
Air Conditioning Licence: ARCAU53536



PREFERRED
ELECTRICIAN





YOUR LOCAL SOLAR PANEL & INVERTER SPECIALISTS

**For this month ONLY,
we are offering Solar Panel System Safety Checks
for ONLY \$99+GST**

How long Since your panels have been inspected???

Damaged Panels and/or Faulty DC Isolators are causing thousands of rooftop fires annually. This number is increasing with aging systems.

DON'T RISK IT !!!!

Get your system checked by the experts NOW

Old fashioned service and advice with a smile

CALL ROY ON 0477 003 116

to book your Safety Check Today

www.sparkysolar.com.au

PENSIONER/SENIOR DISCOUNT 10%



ABN: 43 159 517 389

QLD Electrical Contractors Licence: 75017

Clean Energy Council Design & Install Accredited: A4039955

Local.

Based in Sandgate
Sparky Solar has completed
thousands of Solar installations
throughout Queensland.

No Nonsense.

Clean Energy Council accredited
Electrician Roy Baker guarantees
the work with a
no-nonsense approach.

Trusted.

Sparky Solar offer system
performance checks. Ensuring
maximum return year after year.



ROOF RESTORATIONS

Transform your tired old roof with a **value boosting makeover**

Full Roof Restorations From only \$3,000

- Repair and Change Out Broken Tiles
- High Pressure Clean
- Re-bed Ridge Capping (if required)
- Re-point Ridge Capping
- Sterilise Surface (if required)
- Apply Primer/Sealer
- Apply New Roof Membrane (2 coats)
- Apply Nano Clear Protect Coating (barrier coat to prevent fading)

All roofs age over time. After around 15 years, tile roofs deteriorate to the point where a restoration should be considered. At this age, colour starts to fade, ridge capping becomes brittle, lichen and mould can grow, and tiles become harder to clean. The appearance of your home suffers and your roof is more likely to develop leaks.

Richard Gabriel from Mr Highlights Roofing has over 20 years experience in the roofing trade. He uses only premium quality products for his restorations, and offers a full 12 years warranty on all workmanship and materials.

Richard is an owner/operator and doesn't employ salespeople, so costs are kept to a minimum which means **savings for you!**

Tile & Metal Roofs

See customer reviews at:
g.page/MrHighlights



ROOF PAINTERS
ROOF RESTORATION & REPAIRS

MR HIGHLIGHTS PTY LTD

QBCC Lic no.1278416 Fully Insured

M: 0402 469 801 • P: 3203 1133

www.mrhighlightsroofing.com.au



Richard Gabriel

5% Seniors Discount



Pure Sunshine Solar Cleaning

*‘Clean solar panels are
efficient solar panels’*

Bird & possum proofing



Solar Panel Cleaning



- Solar panel cleaning
 - Gutter cleaning
- Bird and possum proofing solutions

All works and staff are covered by Insurance (Workcover and Public Liability insurance)

Ph 3142 2744 or Luke 0450086447

LOCAL DIRECTORY

ACCOUNTING



**ACCOUNTANTS
TAX AGENTS
BUSINESS ADVISORS**

- **Friendly, knowledgeable and trustworthy**
- **Tax returns from \$110**

Kedwell & Co is a CPA practice

Call (07) 3869 1844

or book online at www.kedwell.com.au
8 Brighton Road, Sandgate (next to Town Hall bakery)



AGED CARE FINANCES



ESTATE PLANNING AND AGED CARE ENTRY SOLUTIONS

SANDGATE AGED CARE STRATEGIST

*Empowering families WITHOUT selling
the home or cashing investments*

Call Tony now 0417 648 969

www.agedcarefinances.com

ALTERATIONS - CLOTHING

DOUBLE TWO FASHION 3269 3266
Shop 9, Second Ave, Sandgate

ANTENNA SERVICES



**Free
Quotes**

**TELEVISION ANTENNAS
DATA CABLING
SECURITY CAMERAS
NBN WIRING
MODEM RELOCATIONS
TELEVISION WALL MOUNTING**



Security Adviser &
Security Equipment
Installer
Lic. No. 4267951

3269 0000
thecablebloke@gmail.com



Telstra
Accredited Contractor
Lic. No. C20 902208

ART CLASSES

ARTRAGEOUS COMMUNITY ARTS CTR. . 3269 1535
84-88 Loftus Street, Deagon

ASBESTOS REMOVAL & DEMOLITION



**Asbestos Removal
& Demolition**

**A & B class licenced
Asbestos Removal**

**Call Paul for a
Free Quote
0405 364 236**

BATHROOMS/BATHROOM RENOVATIONS

BATHROOM RENOVATION SPECIALISTS



info@realbathroomsolutions.com

RYAN: 0432 669 855

CALE: 0411 874 252

www.realbathroomsolutions.com.au



**bathroom specialists
Complete Renovations**

darren houston

0413 964 459

slainstallations@hotmail.com



**MASTER
BUILDERS
QUEENSLAND**



QBCC: 15268698

ANTIQUE / VINTAGE ITEMS WANTED

**After All Kinds of
Vintage & Antique Furniture, Bric-a-brac,
Collectables, Curios & Old Shed Items.**

Cash Paid. Ph: 0400 749 454

BATHROOMS/BATHROOM RENOVATIONS

Bathroom Renovation Specialist

*Complete Bathroom Renovations
All work completed by qualified tradesmen*

Steve Froggatt - 0402 730 177

Office - 3863 3089

e: stevefroggatt@hotmail.com

www.stevefroggatt.com.au

40 Years Experience | QBCC Lic No 1177107



VR VOGUE
RENOVATIONS QLD

"We pride ourselves on quality workmanship"

Bathrooms, Kitchens, Laundries & Wardrobes

WARREN DENNISS - 0416 084 579

Licensed Builder
HIA 1217116
QBCC 1067097

info@voguerenovationsqld.com.au
www.voguerenovationsqld.com.au

BLINDS AND AWNINGS

**BLACKIES
BLINDS & AWNINGS**

Outdoor Blinds & Shade Sails



David Blackie 0415 945 900

BOATING SERVICES & SALES



Your One Stop Boating Megastore

2294 Sandgate Rd, Boondall

Tel: 07 3265 8000

Web: nsmarine.com.au

BOOK KEEPING

Radius
Business Services

Bookkeeping
BAS Agent
Payroll
Management Reporting

Suite 9 / 7 Hancock St Sandgate
www.radiusbusinessservices.com.au

Ph: 0423 485 475



BOOK KEEPING



Specialising in
Small Business Accounting

Contact: Rachelle

Mb: 0411 064 860

e: RachelleB@serendipityaccounting.au

BICYCLE REPAIRS



Specialists in

**PERFORMANCE BICYCLES
VINTAGE • REPAIRS**

John Harman

ph: 0412 681 496 e: triprocycles@gmail.com

52 Esther Street, Deagon Qld 4017 • www.triprocycles.com

BEAUTY



Sandgate Salon
131 Deagon St.
3869 1855

Brighton Salon
7/11 Lascelles St.
3869 2450

BUILDING DESIGN

JAZZDESIGNS
building designers

Creating spaces to call home

CUSTOM DESIGNED HOMES, RENOVATIONS
& MULTI-RESIDENTIAL DEVELOPMENTS

07 3869 4777 | hello@jazzdesigns.com.au
www.jazzdesigns.com.au

@jazz_designers @jazzdesigns.com.au @jazzdesignsBD

ABN 29 072 257 571 | QBCC Licence #81396

BUILDING DESIGN

MORETON BAY DESIGNS. 0424 510 325
Architectural Drafting New Homes - Renovations

BUTCHERS

**JASON'S
QUALITY MEATS**
FREE RANGE SPECIALIST

Phone
3269 2049
10 Queens Parade
Brighton

LOCAL DIRECTORY

COMPUTER SERVICES

ECO COMPUTERS - CALL ROWAN . . . 0421 555 419
Repair/Support/Upgrade ecocomputers.com.au

The Best Local IT Provider on the Northside!

**COMPUTERS THAT WORK,
SERVICE THAT'S REAL,
PEOPLE WHO CARE**

BRISBANE COMPUTER SOLUTIONS

PHONE 3122 3303

Sales@brisbanecomputersolutions.com.au

COMMUNITY GROUPS

SANDGATE HOME ASSIST SECURE . . . 3869 1000
Security, Safety & Support in your home

DOORS



HOME MAINTENANCE DOCTOR

Glass & Security Door Service
New Locks & Accessories,
Mesh Pet Doors, Rollers
0431 570 776

ELECTRICAL/ELECTRICIANS



ELEC LIC: 67648

SAME DAY RESPONSE
24 HOURS | EXPERIENCED
GENUINE | RELIABLE

CALL RICHARD - 0403 889 716



Fast and Affordable Electricians in Brisbane

20 Years Experience in Residential Electrical Installation

\$40 OFF First Service Booked
Use Code BEC040

Fully Licensed and Insured CL 90030

Contact Leo on **0407 267 659**
e:info@brickhillelectrical.com.au
www.brickhillelectrical.com.au

ELECTRICAL/ELECTRICIANS



**THE LOCAL 24 HOUR
ELECTRICIAN YOU CAN TRUST
CALL 07 3150 6020**

www.jkelectricalqld.com.au • info@jkelectricalqld.com.au



**Domestic and
Commercial**

Electrical | Aircon
TV Data

0402 734 339

electrical license 121816 • contractors 85540

SERVICING BRIGHTON, SANDGATE & REDCLIFFE

Will beat any competitors quote by 10% T&C's apply



**RL ELECTRICAL
CONTRACTORS**

Electrical • Air Conditioning • Security Cameras • TV & Data

Family owned. Licensed & Insured.

0431 147 889

LIC. #84889 ARC #L158054 SEC. #4319462

FENCING

G&O FENCING



*Fencing, Decking
and Retaining Walls*

0466 522 102

FOAM

ENVIRO-foam

Foam cut to size. All Shapes & Sizes.

www.foam.com.au • 07 3205 6088

GALLERIES

GALLERY 4017 **3269 1535**
84-88 Loftus Street, Deagon

GARAGE DOORS

SM GARAGE DOORS PTY LTD **0413 611 947**
Services, new openers & doors installed

GARDENING



AUSSIE
TREE SOLUTIONS



OBLIGATION FREE QUOTES

- Tree Felling & Removal
- Stump Grinding • Pruning & Shaping
- Hedging & Mulching
- Palm Cleaning
- Storm Damage • Reports

35 + Years in Business
07 3351 1722



LORAXE
TIMBER AND TREES

- Need your trees pruned?
- Fully insured,
- Need to have a tree removed? professional
- Need timber for a project? tree services

Contact us now for a free quote. Mention this ad and get 10% off!
loraxetimberandtrees.com.au

0430 198 111

ARBORICULTURAL SERVICES
Swann's

- Stump Grinding
- Pruning
- Removals



p/f. 3869 0267

m. 0422 099 444

GOVERNMENT



Jared Cassidy
Councillor for Deagon

Deagon Ward Office, 2a/47 Brighton Rd, Sandgate
3667 6011
deagon.ward@bcc.qld.gov.au
facebook.com/councillorcassidy



Cr Sandy Landers
Councillor for Bracken Ridge Ward

Mail > Cnr Bracken & Barrett Streets, Bracken Ridge
Tel > 3667 6000
Email > brackenridge.ward@bcc.qld.gov.au



Stirling Hinchliffe MP
Member for Sandgate

Shop 2, Fifth Avenue, Sandgate QLD 4017
Ph: 07 3639 9100 Email: sandgate@parliament.qld.gov.au

HAIRDRESSERS



JAYA HAIRCARE
& THE TINSNIP HAIRROOM

m. 0433 126 064
e. jayahaircare@gmail.com
w. jayahaircare.com

Hair Dinkum®



Deagon Marketplace
75 Braun Street, Deagon

07 3269 4188
www.hairdinkum.net

Hair & Beauty Salon



HANDYMAN



HOME MAINTENANCE



PAINTING / CARPENTRY / PRE-SALE TIDY UPS / PLASTERING
Fully Insured... All Work Guaranteed

Tim Stringer 0428 844 887

LOCAL HANDYMAN

Trade qualified carpenter for 30+ years

Pensioner discounts • Fully insured
Home • Office • Shop

Call Brendan 0419 860 606 • Prompt & Reliable

Redcliffe & surrounds work up to \$3300

LOCAL DIRECTORY

HANDYMAN

JEAYS HARDWARE MITRE 10

10 Hancock St, Sandgate

PH: 3269 1015

Email: sales@jeayshardware.com • Web: www.jeayshardware.com

PROUDLY LOCAL HELPING LOCALS

"they work harder for you
because it's their business"



HEALTH & WELLBEING



Fiona Green
Podiatry

Tel: 3269 3795

www.fionagreenpodiatry.com.au

Shop 11/15
Lascelles St Brighton

Shop 7 Sandgate Arcade
Cnr Brighton Rd & 2nd Ave Sandgate



Your Local HEARING Specialists

Shop 3, 12 Lagoon Street, SANDGATE

PH: 3269 0005



Ironwood Cottage

BULK ORGANIC WHOLE FOODS
Large range of Organic, Vegan & Gluten Free
4 Fourth Ave, Sandgate
PH: 3869 4548



**SANDGATE
PODIATRY**

Sandgate Podiatry
3269 4273
14b Fifth Avenue, Sandgate
www.sandgatepodiatry.com.au

HOUSE WASHING

RYAN'S HOUSE WASHING 0413 400 666
Gutters, Concrete & Solar Panels.....29 Years Experience

LAWN MOWING & GARDENING

Alan's Lawn Mowing

Lawn Mowing & Edges • Free Quotes with a smile
Cheapest and Best • Pensioners Discount

36 Years Experience

Alan 0412 074 383

LAWN MOWING & GARDENING



Fully Insured ABN 20749551106

Call Ryan 0456 449 387

GARDENING SERVICES

- Lawn Mowing • Edging
- Hedge Trimming
- Weeding and Pest Control
- Waste Removal
- Mulching and Fertilising

LAWN SERVICES

COOCHIE HYDROGREEN



WEED SPRAYING & LAWN CARE SPECIALISTS



- Best Lawn Advice & Service in Town
- FREE on-site inspections & quotations
- FREECALL 1800 245 955
- Book Direct Coochie.com.au
- We do not mow lawns

1800 245 955 | www.coochie.com.au

LOCKSMITH

PRO KEYS LOCKSMITHS

Shop 2, Fifth Ave, Sandgate

Keys / remotes / engraving

Electronics car keys • Watch batteries and bands
Mobile Locksmith Service

PH: 0402 626 144

MATTRESSES



LOCALLY MADE MATTRESSES

Custom Caravan Sizes Available

www.puresleep.com.au • 07 3205 6088

MECHANICS



114 Connaught St, Sandgate.

Mon-Fri 8am-5.30pm

Sat 8am-12pm

Phone: (07) 3269 9755



SANDGATE REAL ESTATE

SALES/RENTALS

Ph: 3269 0944

1a/7 Second Ave, Sandgate
www.sandgaterealestate.com.au
info@sandgaterealestate.com.au

PAINTING SERVICES

GREG HOOD PAINTING SERVICE

- Domestic & commercial painting
- Repairs & minor plastering
- Free written quote with prompt response
- QBCC Lic. 71492 | Fully insured

**LOCAL PAINTERS
FOR OVER
25 YEARS**

Contact Greg 0400 570 707

hoodpainting@optusnet.com.au



*For all your
Painting &
Decorating*

QUALITY PAINTING

**Interior & exterior, specialising in
repaints. Reliable & on time.**

Mobile: 0431 167 017

Email: quality_painting@iprimus.com.au

QBCC: 53392



PEST CONTROL SERVICES



David Cloake

DSE Pest Management

0458 555 532

e: dsepestmanagement@gmail.com

ABN: 13582696021 QBCC: 1205229



Scarborough Pest Control

INCLUDING TERMITES

Ph: 3203 8378

Local and Family Owned

QBCC#15047832

PLUMBERS

Christian Van PLUMBING & GAS FITTING

- Gas & Electric Hot Water • Roofing & Guttering • Blocked Drains
- General Plumbing & Maintenance • Pensioner Discount

QBCC 1040760 **0411 231 173**

QBCC Licence no. 15033647



INGRAM
PLUMBING & GAS

**For all your Plumbing,
Drainage & Gas Fitting Solutions**

Call 0430 427 004

or email admin@ingrampg.com.au

for Friendly, Professional & Reliable Service

PLUMBING SENSE SOLUTIONS PTY LTD

JOEL SCOTT 0411 708 810

DOMESTIC and COMMERCIAL MAINTENANCE | HOT WATER SYSTEMS | BLOCKED DRAINS
LEAKING TAPS AND TOILETS | WATER SUPPLY | BATHROOM RENOS

QBCC 15118080 • plumbingensesolutions@outlook.com

PRINTER

NORTHSIDE PRINT & DESIGN. 07 3106 3216
www.northsideprint.com.au

REAL ESTATE

CALIO & SCOTT REAL ESTATE 3269 9466
2/353 Beaconsfield Tce, Brighton

LOCAL DIRECTORY

REAL ESTATE

Jim McKeering EST 1946
AREA SPECIALIST

Over 70 years in Real Estate and making a difference.....

200 Seymour St, SANDGATE • Ph: 3269 1276
JIMMCKEERING.COM.AU

SOLICITORS



Northside Family Law Centre

T: [07] 3733 1234
 info@northsidefamilylaw.com.au
 89 Brighton Rd, Sandgate Qld 4017
 www.northsidefamilylaw.com.au



SARAH CLEELAND
 FAMILY LAWYERS

Ph: 3269 9938

123A Brighton Road, Sandgate
 www.scfamilylawyers.com.au

SECURITY SCREENS



Invisi-Gard, diamond grill, blinds & shutters. Best prices, call
NORTH LAKES 0409 645 163 QBCC 1006709

SOLAR



Solar & Renewable
 Energy Systems

www.ausolar.com.au

- Free design / quotes
- Reliable systems
- Best quality & workmanship
- Home / Business / Farm / Caravan
- Save money on your electricity bill

Contact Heinz 0411 887819 • e:heinzvhempel@gmail.com

SOLICITORS

G. R. Brown Solicitor

3269 8511

www.grbrown.com.au

70 Loudon Street, Sandgate

Conveyancing | Family Law | Wills | Estates and more...

GILL & LANE

07 3269 8111

8 Fourth Ave Sandgate 4017

www.gillandlane.com.au

CONVEY YOUR WAY

North Brisbane conveyancing
conveyyourway.com

STRATA/BODY CORPORATE MANAGEMENT



BODY CORPORATE MANAGEMENT

- 106a Sutton St. Redcliffe QLD 4020
- 1300 55 10 19
- team@capitolbca.com.au
- www.capitolbca.com.au
- #ExpectOurBest

TILERS

SOUTH EAST TILING

Call Craig - 0423 728 860

All Aspects Of Floor & Wall Tiling

QBCC 1118659

TRAVEL AGENTS

helloworld
 TRAVEL

THE TRAVEL PROFESSIONALS

Sandgate

Shop 1c Ibis
 Central

Ph: 3869 1588



Kathleen Hunt - 0403 008 763
 Your Local Cruise Specialist

www.ksgetaways.com.au

f ksgetawaysau | Bracken Ridge, Qld

WATCH & CLOCK REPAIRS

COUGAR WATCHES & CLOCKS 3205 1134
 8/16 Brighton Road, Sandgate

WASTE SERVICES



1300 550 442
speedybins.com.au

- Ideal for general junk, whitegoods, furniture, backyard blitz and green waste
- Brisbane's cheapest skips
- Every size skip bin for every occasion
- Variety of trucks to suit your driveway

WATERSPORT



KITESURFING
 WINDSURFING
 STANDUP PADDLING
 KAYAKING
 07-3137 0906

10% DISCOUNT
for all Sandgate Guide readers

SURF CONNECT

THE BIG ONE CROSSWORD ANSWER KEY

S	T	E	A	M	S	H	I	P		P	L	U	S	F	O	U	R	S
W	F	I		A	U	R	N		U	N		A						
A	W	F	U	L		R	U	L	E	O	U	T		M	A	D	L	Y
Y	E		L	I	M	P	S		N	I	E		I					
	C	A	P	O		S	E	C	O	N	D	S		O	V	E	N	
S		T		O	N	C	E		U	Y								
C	A	I	R	N		A	T	T	E	N	D		A	B	I	D	E	S
A		V		D		R		H				I		A		E		
T	H	E	E		S	N	O	U	T	S		D	R	I	E	D	U	P
				H	A		A		M		L	E		L				R
Y	A	W	N	I	N	G			P	L	U	R	A	L		B	A	L
	A		G		E				R		L		O		S	T	E	
C	A	T	C	H	Y		P	R	O	P	E	L		P	O	S	T	S
H	E			R		E		P	Y	R	E		I		T			
A	I	R	Y		R	E	C	L	U	S	E		A	R	C	S		
M		L		V		P		I		L	E	D	G	E		T		F
B	R	I	B	E		E	Y	E	L	A	S	H		T	R	A	I	L
E		L		I		A		V		I		O		T		N		U
R	O	Y	A	L	B	L	U	E		N	E	W	C	A	S	T	L	E



Great Rock Variety

Your local community station more info: 997fm.com.au

Tune in & you'll never tune out

blooms

MELBOURNE CUP

bubbles & blooms

TUESDAY 7 NOVEMBER
FROM 11AM TO 3PM

- Glass of bubbles on arrival
- Hot & cold buffet
- Live entertainment
- Best dressed & lucky door prizes
- Sweeps

\$70 members

\$75 non-members

Book your tickets with QR
or at bit.ly/tssmelbournecup



YOUR COMMUNITY CLUB
50 KEOGH ST, SANDGATE
(07) 3609 2001

  TheSandsSocial